

EUROPEAN COMMISSION



Humanitarian Aid

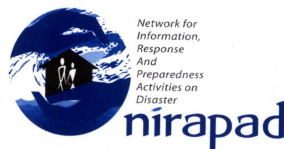


*ei sj v t k Ni v So Av Bj v ` M Z Gj v Kv q Ri a i x Lv ` ` i b i v c E v I
R w e K v q b m n v q Z v c k t i i D c K v i t f i M t ` i R b `*

*i b i v c ` c w b , m ` w b t U k b I ` v ` r v f ` i m
i e l q K c k y Y g w D j*

R j v B , 2011

K w i M i x m n t h u M Z v q



19/13, e v e i t i w (w b P Z j v) ,
e k - w e , t g v n v e s ` c j , X v K v - 1207 , e i s j v t ` k |
t d v b : 02-8143729 , 01715817209
B t g B j : n i r a p a d @ n i r a p a d . o r g
I t q e : h t t p : / w w w . n i r a p a d . o r g



ibiv` cub, m'ubtUkb I ~r'vf'im velqK cikjY gwMDj

ibiv` cub, m'ubtUkb I ~r'vf'im velqK cikjY gwMDj

mweR ZËjaiv

KvRx mvn`j ingvb, ibiv`
tgt KvBQvi ti Rfx, AKdvig-wRie

Mšb I m'úv`bv

bvi vqb Kgvi t'šngK
mgb Gm.Gg.G Bmj vg
nvmbv Av³vi wgZv
G.Gm.Gg.gvmj j nvmb
%mq`v Zvnbqv Bmj vg

Dc` óv

Rvn` tnvmb

g#eU

Avgv# i t`tk wbivc` cwmbi Afvte Ges A^v'Ki ^v'vf'vm I m'wb#Ukb Gi Kvity A#bK tjvK weifb#eait#yi tivM-e'wa#Z আক্রান্ত হয়। আইলা আক্রান্ত স্কল আয়ের জনগোষ্ঠীর মধ্যে এ সমস্যা আরো c#kU| wbivc` cwmbi Afvte Ges A^v'Ki ^v'vf'vm I m'wb#Ukb Gi Kvity weifb#eait#yi tivM-e'wai we'vi Zv# i Kg#ygzv#K Kvg#q cwiewiK `wi`#K Avtiv ewotq Zj#Q| thme tivM-ব্যধিতে তারা আক্রান্ত হয় তার অধিকাংশই পানি বাহিত রোগ। A^v'Ki ^v'vf'vm I m'wb#Ukb, tbsiv cwitek Ges mte#cw i ^v' m#PZbZvi AfveB আইলা আক্রান্ত অঞ্চলে tivM we'v#ii c#vb KviY| ^v'vf'vm I m'wb#Ukb Db##bi gva'tg Gme tivM we'vi c#Z#iva Kiv m#e| G Dcj w# t_#K `M# gvb#li Lv'' wbivc#v wbw#Z Kivi Rb'' MnxZ #evsj v#`tk Nw#So AvBjv `M# GjvKvq Ri#x Lv'' wbivc#v I RweKvqb# c#k#i Avl Zvq 42,250 cwievi#K #c#k'y#yi weibgtq A_# c#v#bi Rb' wbivc` cwmb, m'wb#Ukb I ^v'vf'vm wclqK c#k'yY gwWDj c#q# Gk#U h#_vch# c`#y#| GB c#k'yY মডিউলটি সঠিকভাবে ব্যবহার করে উন্নয়ন কর্মীগণ আইলা আক্রান্ত জনগণকে wbivc` cwmb, m'wb#Ukb I ^v'vf'vm wclq m#PZb Kivi gva'tg Gk#U eo ait#yi Db#b mgm'v mgvav#b fvgKv ivL#Z m#y# n#eb, cvkvcwk c#k'y#yi weibgtq A_#c#b#i gva'tg G mKj `wi`^a `M# gvb#li Lv'' wbivc#v wbw#Z n#e| c#k'yY gwWDj #U c#q#bi mgq GKB Z_'' bZb K#i bv wj #L weifb#emsMvb Gi, w#k#l K#i, AK#vg, Gbw#l tdivg, wiK, BDw#md Gi weifb#egwWDj t_#K h_vh_ tidv#iY Gi gva'tg m#Kj b Kiv n#q#Q| GQvov GB gwWD#j tek wKQz mxgve#Zv it#q#Q| mgq Ges m#u#` i ^v'Zvi Rb'' wclq_#jv Mfxi fvte t`Lvi m#hvM nq#b| dtj wKQz wKQz m#u#wK# wclq Av#j vPbvq Av#m#b| gvV ch#qi msuk# D`vniY, Qwe/#cv#vi/#dc#PvU#dv#KvW#v` #q wclq_#jv n#q#Zv Avtiv tevaMg'' Kiv thZ| Gme mxgve#Zv m#E#l, Avkv Kwi, gwWDj #U wbivc` cwmb, m'wb#Ukb I ^v'vf'vm wclq #U tevSvi t#y#t# dj c#h-fvgKv ivL#Z m#q#g n#e|

mPCÎ

cikjYi Dîi k`

cikjY cxiZ

cikjY DcKiY

gj`vqb cxiZ

cikjY KgPpx

Avatekb 01: nbivc` cwb

Avatekb 02: m`wbUkb

Avatekb 03: ^`vf`m I cwi®vi cwi"QbZv

Avatekb 04: cwi cwkP I cwi tekMZ cwi"QbZv

Z_`mî

ckqjYi Df'k

GB ckkjY tkfI AskMhYKvi xMY wbivc` cwb, m'wbtUkb I ^f'vf'vm m'wvKZ wbtw³ welq,tj v ej fZ cvi t'eb I cij b Ki fZ D0x nteb-

- wbivc` cwb I Drm;
- `wl Z cwb RwbZ tivMe'wa;
- cwb wei xKiY c>wZ;
- wbivc` cwb e'envi I iyYvtejY Ges brix-cjafI i fwgKv;
- wbivc` cwbi Drm,tj vi mgvRwfwEK e'e'vcbv;
- gj g'f t_tK wKfvte tivM Qovq;
- ^f'mw\$Z cvqLvbvi aviYv I `ewkó";
- ^f g'tj i wewfbocbw³ i ^f'mw\$Z cvqLvbv;
- ^f'mw\$Z cvqLvbvi e'envi I iyYvtejY Ges brix-cjafI i fwgKv;
- ^f'vf'vm I cwi³vi-cwi"QbZvi aviYv I c0qvRbxqZv;
- cwi³vi cwi"QbZvi aiY;
- e'w³MZ I cwi ewi K cwi³vi-cwi"QbZvi Rb" Ki Yxq;
- cwi cwvK³ I cwi tekMZ cwi³vi-cwi"QbZvi aviYv I ,iaZ;
- cwi tek` f'f'Yi KviY I c'fve;
- cwi cwvK³ I cwi tekMZ cwi³vi-cwi"QbZvi Rb" Ki Yxq |

ckjY c>wZ

ckqjY c>wZi gj wfwE nte GWvë j wv³ c0mm Gi AbjniY hv wbf³ Kite wbtw³ welq,tj vi Dcit

- AskMhYKvixt` i AwfÁZv wewbgq Ges ^vbxq Gj vKvi t'c0qjZ wetePbv Kti ev'bwfwEK D`vni f'Yi D>wZ t` lqv |
- thLvfb m'w³ nvtZ-Kj tg A_ev Gj vKv cwi` k'fbi gva'tg ckkqjYv_0` i D0x Kiv |
- ckkqjYi Df'k` c'f'Y GB gwWDtj D'tj wLZ wFRq'vj tUwbs g'v'Uwi qvj e'envi Kiv |
- ckkjYi mgqKvj, AskMhYKvixt` i aiY, ckkjYi m'w³ t'fbj wetePbv Kti wKQy KvhrKi AskMhYgj K c>wZi m'vnt'h` tKv m'0 cwi Pwvj Z nte | h_vt
 - o Db³ wPšI
 - o e³Zv Av'tj vPbv
 - o c0 k0
 - o Db³ Av'tj vPbv
 - o tQvU` t'j Av'tj vPbv
 - o tRvov` t'j Av'tj vPbv

- AvfÁZv weibgq
- AsKb

ckyY DcKiY

fcv÷vi tccvi/wdeukU, gvK#, mnvqK Z_“, wdePvU, nvBwRb c0gvkb dtkKw, wfcKw, gwī db
tUc/WK wKε | GB ckyY wbtw³ wdePvU dtkKw,tj v e'envi Kiv thtZ cvti-

- 1 | m'aviY ^r' cwiPh, AKdvg
- 2 | wGmGd e'envi Kiv,t i ckyY mnvqKv, AKdvg
- 3 | ^r' cwiPhq D0y:KiY dtk Kw,GbnRI tdvi vg

gj'iqb cxwZ

- tgšLK ckaDEi
- chēyY
- dj vdj wetkd Y
- gjw wguvi

wbivc` cwb, m`ubtUkb I `f`rf`im nelqK ctk`yY gMWDj

wbivc` cwb, m`ubtUkb I `f`rf`im nelqK ctk`yY gMWDj

AskMhYKvix- ōevsj vř` ĩk NwYSo AvBj v `MŹ Gj vKvq Riāi x Lv`" wbivcEv I RwieKvqb mnvqZvō

cĀĳi i DcKviřfvMxe,`

mgqKij - 12 N>Uv

ctk`yY KgMPr

<i>w em</i>	<i>mgq</i>	<i>nelq</i>
<i>cŭg</i>	3 N>Uv	<i>Awtekb 01: wbivc` cwb</i>
		1.1. <i>wbivc` cwb m`uřK`avi Yv I Drm</i> 1.2. <i>`wl Z cwb RwbZ tivMe`wa</i> 1.3. <i>`wl Z cwb wei x KiY c`wZ</i> 1.4. <i>wbivc` cwb e`envi , i`yYřte`yY Ges i`yYřte`yYř bvi x-cj`āli fwgKv</i> 1.5. <i>wbivc` cwbi Drm ,řjvi mgvRwfivEK e`e`vcbv</i>
<i>wZxq</i>	3 N>Uv	<i>Awtekb 02: m`ubtUkb</i>
		2.1. <i>gj gř t_řK thřřte tivM Qovq</i> 2.2. <i>`f`m`řZ cvqLvbi avi Yv I `eikō`</i> 2.3. <i>`ř gřř`i weřřbucřwř`i `f`m`řZ cvqLvbi</i> 2.4. <i>`f`m`řZ cvqLvbi e`envi I i`yYřte`yY Ges bvi x-cj`āli fwgKv</i>
<i>ZZxq</i>	3 N>Uv	<i>Awtekb 03: `f`rf`im I cwi`vi-cwi`Qbřv</i>
		3.1. <i>`f`rf`im I cwi`vi-cwi`Qbřvi avi Yv I cŭqRbxqZv</i> 3.2. <i>cwi`vi cwi`Qbřvi aiY</i> 3.3. <i>e`wřMZ I cwi ewi K cwi`vi-cwi`Qbřvi Rb` Ki Yřq</i>
<i>PZZ[®]</i>	3 N>Uv	<i>Awtekb- 04: cwi cwkř I cwi řekMZ cwi`Qbřv</i>
		4.1. <i>cwi cwkř I cwi řekMZ cwi`vi-cwi`Qbřvi avi Yv I ŭ i řj</i> 4.2. <i>cwi řek `řřYi KviY I cřře</i> 4.3. <i>cwi cwkř I cwi řekMZ cwi`vi-cwi`Qbřvi Rb` Ki Yřq</i> 4.4. <i>ctk`yY ci eZřKg`cwi K i bv cřřqb</i> 4.5. <i>ctk`yY gj`řqb</i>

Awaṭekb 01 : wbiw` cwbi

AvtjP` weliqe`yt

- 1.1. wbiw` cwbi mawutKaviYv I wbiw` cwbi Drm
- 1.2. `wl Z cwbi RwbZ tiwMe`wa
- 1.3. cwbi wei xKiY cxwZ
- 1.4. wbiw` cwbi e`envi, iyYwteyY Ges i qYwteqY brix I cjaṭli fwgKv
- 1.5. wbiw` cwbi Drm,tj vi mgvRwfwEK e`e`vcbv

Df`k` t

GB Awaṭekb tkṭl AskMhYKvixMY wbiw` cwbi, wbiw` cwbi Drm, `wl Z cwbi RwbZ tiwMe`wa, cwbi wei xKiY cxwZ, wbiw` cwbi e`envi I iyYwteyY Ges brix cjaṭli fwgKv, wbiw` cwbi Drm,tj vi mgvRwfwEK e`e`vcbv mawutK`ej tZ I cvj b KiṭZ cviṭeb|

cxwZ t

DbY3 wPŠi, e3Zv Avtj vPbv, wj wLZ tcv÷vi tccvi Dc`vcbv, c0 k0, `j xq Avtj vPbv|

ck`qY DcKiY t

tcv÷vi tccvi/wdewkU, gvKf, gw`b tUc/WK wKε, cwbi Drm mawutKZ wdePvU, wbiw` cwbi e`envi, msMh I msi yṭY KiYxq weliqK wdePvU Ges wGmGd Gi Drm cwi`vi cwi`QbaKiv Ges msi yṭY mgvRwfwEK KiYxq weliqK wdePvU

mgq t 3 N>Uv|

Awaṭekb cwi Pj bv প্রক্রিয়া

wLY chṭ	Awaṭekb পৰিচালনা প্রক্রিয়া	mgq
1.1.	<ul style="list-style-type: none"> • Awaṭekṭb AskMhYKvixṭ` i `MZ Rvbvb • AskMhYKvixMY tK tKv_vKvi/ wKṭmi cwbi cvb Kṭib cṭkeKṭi tRṭb wbb AskMhYKvixṭ` i DĒi c0vbKvṭj tKvb gšē` Kiṭeb bv • Gici wbiw` cwbi KṭK etj cṭkeKṭi AskMhYKvixṭ` i aviYv msMh Kiab Ges wbiw` cwbi mawutK`Q aviYv w`b (maw nṭj AskMhYKvixṭ` i aviYvi mṭ_ wgwj tṭq) • wbiw` cwbi Avgiv tKvb tKvb Drm tṭK cvB cṭkeKṭi DĒi Rvbṭp Ges tiBb I qvUvi nṭfṭs`c cwU, cU m`vU wdevimn Ab`vb` Drṭmi Qwe mawj Z wdePvU(mvaviY `ṭ` cwi Phṭ, AKṭlv) c0 k0 Kṭi wbiw` cwbi wewfbaDrm mawutK`úo aviYv w`b 	30 wguvU
1.2.	<ul style="list-style-type: none"> • `wl Z cwbi e`envi Kiṭj wKsev `wl Z cwbi tṭK wK wK tiwM nq tm mawutK`cṭkeKṭi AskMhYKvixṭ` i gZvgZ`iṭp I c0qvRṭb wdewktU wj Lṭp • `wl Z cwbi RwbZ tiwMe`wa mawutK`Q aviYv w`b tiwMe`wa mawutK`aviYv c0vbKvṭj `vbxq 	30 wguvU

wbvc` cwb, m'wbtUkb I ~v'vf'um velqK ctkjY gMDj

wkLY chq	Awate শন পরিচালনা প্রক্রিয়া	mgq
	ti vMe'wai c'avb` w` b	
1.3.	<ul style="list-style-type: none"> • cwb wei xKiY/ wbvc` KiY c xwZ m=utK AskMhYKvixt` i avi Yv Rvbp • Gici cwb wbvc` KiYi wbgmgm mnR fvlvq e'vL'v Kiab 	30 wgubU
1.4.	<ul style="list-style-type: none"> • wbvc` cwbi e'envi, msMh Ges msi'ytY KiYxq velqK wdePvU® (mvaviY ~v'vf' cwi Ph®, AKdvg) c0 k0 I Avtj vPbv Kiab • wbvc` cwb msMh, enb I msi'ytY KiYxq m=utK Avtj vPbv Kiab • wbvc` cwb msMh, enb I msi'ytY Ges Drm msi'ytY bvix cja li AskMhYi , iaZj wbtq Avtj vPbv Kiab • Ges Gt'ytI bvi xt` i cvkvcwk cja iv KLb, tKvb tKvb tytI fngKv cvj b KitZ cvtib Zv AskMhYKvixt` i mv_ Avtj vPbv Kti mybw` 0 Kiab 	40 wgubU
1.5.	<ul style="list-style-type: none"> • ti Bb I qvUvi nvtfw=s c0U I wGmGd Gi mgvRwfwEK e'e'vcbv wltq Avtj vPbv Kiab • ti Bb I qvUvi nvtfw=s c0U cwi®vi cwi "QbæKiv Ges msi'ytY mgvRwfwEK KiYxq wltq Avtj vPbv Kiab • wGmGd Gi Drm cwi®vi cwi "QbæKiv Ges msi'ytY mgvRwfwEK KiYxq velqK wdePvU® (wGmGd e'envi Kvixt` i ctkjY mnwqKv) c0 k0 I Avtj vPbv Kiab 	30 wgubU
	<ul style="list-style-type: none"> • Awatektbi Avtj vP` wltqi mvi mst¶c Ges gj evZfmgm Avtj vPbvi gra'tg mybw` 0 Kiab • Avtj vP` wltq t_tK ctkæKti wkLY hvPvB Kiab • wkLYmgm ev`et¶tI c0qvtMi Rb` c0Zk0Z Av`vq Ges ab`ev` Rwbttq Awatekb tkl Kiab 	20 wgubU

wbivc` cwb, m`wbtUkb I `v`vf`im nelqK ctkjY gwWDj

- **Wvqwiqv:** cwb ewnZ NvZK tivM Wvqwiqv | `wl Z cwbZ wgtk _vKv RxevYy_t_K GwU ntq _v_tK |
- **Avqkq:** `wl Z cwbZ wgtk _vKv RxevYy_t_K GwU ntq _v_tK |
- **Ktjiv:** cwb ewnZ gvi vZk tivM GwU | `wl Z cwb cvb Kij GwU nq |
- **PgfiM:** `wl Z cwb ms`utkLvm cvPov, Pj Kvbmn bvbv ai_tYi Z_tKi tivM nq |
- **UvBdtqW, c`viv UvBdtqW:** cwb ewnZ RxevYy_t_K UvBdtqW, c`viv UvBdtqW ntq _v_tK |
- **tMvj Kug, mznKug:** কুমির আক্রমণ দূষিত পানিতে থাকা জীবাণু থেকেই হয় ।
- **AvtmBtKumm:** AvtmBtKhy³ cwb cvb Kij G tivM ntZ cvti | Gi t_tK Z_tKi, u`wctUi, vj fvi Ges wKWbxi mgm`v ntZ cvti |
- **tcuj I:** GwU tQvU` i GKwU gvi vZk tivM hv `wl Z cwb e`envi Kij nq |
- **abysKvi:** GwU GKwU gvi vZk tivM hv `wl Z cwb e`envi Kij nq |

mnvqK Z` - 1.3

[thme gwWDj t_tK Z` tbqv ntqtQ-MogxY `v` tmieKv ctkjY mnvqKv, AKbtvg-wRie I eP_tZ tkLv; Rxeb `jZvgj K ctkjY gwWDj, wi K; `v`vf`im I m`wbtUkb Dbqb mnvqKv, GbwRI tdvvg;]

cwb wei xKiY cxvZ

- **tdUvby-** thLvfb wJDeI tqj tbB tmLvfb cKj/ b`v/ tWvev-bvj vi wgvv cwb dnu_tq wbivc` Kiv hvq | dUŠI cwbZ tivM RxevYy_v_tK bv | RxevYy³ Kivi Rb` cwb ej K DWi c_t AŠZ 20 wgvbU tdvUv_tZ nte |
- **wdUkwi w`tq-** cwbZ wdUkwi wgvktq cwb tkvab Kiv hvq | 25 wj Uvi cwb cwi`vi Kvco w`tq tQ_tK 2 Pv PvgP wdUkwi wgvktq tek wKQymgq fvj Kti tbtO Kgctj GKN>Uv GB cwb ti_tL w`tZ nq | Lp mveavfb Dctii cwb Z_tj e`envi Kitz nq |
- **wdèvi Kiv-** tLvqv, ewj wKsev Kj wmi ci Kj wv ewmtq Avtiv bvbv Dcv_tq cwb wdèvi Kti wbivc` Kiv hvq | G_tj_t Pvj wwdèvi cxvZ D_tj L`thvM |
- **cwb wei xKiY U`vetjU w`tq-** cwb wei x Kivi Rb` bvbviKg U`vetjU cvlqv hvq | Zte G_tjv e`envi Kivi AvtM t`tL wbtZ nte U`vetj_tUi `vfvmeK is bó ntqtQ wK bv Ges mn_tR I ZivvZvno G_tjv cwbZ wgvkZ nq wK bv | e`envi wewa m`utkLwDZ bv ntq cwb wei xKiY U`vetjU e`envi Kiv hvte bv | n`vjvRvb ev n`vtjv U`vetjU (BDGmm 15 wgvj Móg) wK gv_tvq cwb `wl Z, Zv wetePbv Kti 1.5Ń3 wj Uvi cwb cwi`vi Kvc_tO tQ_tK

ibic` cwb, m`ubtUkb I `r`vf`m nelqK cikjY gwWdj

ikLY chq	Awatekb পরিচালনা প্রক্রিয়া	mgq
	<ul style="list-style-type: none"> • ঝকিঁ`i cãvb cãvb tivM m=útk®Rvbp (eZgvb mgq) Ges tm Abjvqx ঝকিঁ kixii tmB Amy`Zvi `vtb (Qwe`Z) `vM w`tq Amy`Zvi K_v wj Lp (mshy³ Qwe Abjvqx) • AskMhYKviMY th tivMi K_v metPtq teuk nq etj Rvbvteb tmB `vtb metPtq teuk tdivUv cõvb Kiab Gfvte tdivUv Kg teuk cõvbi gra`tg Amy`Zvi cwi gY tevSvb hw` Wvqwi qv tivM teuk nq etj AskMhYKviMY gtb Kti b Zvntj tctUi Astk teuk tdivUv w`b Ges tmB Amy`Zvi K_v wj Lp • Gfvte wK wK Amj_ nq Zv `i bjb Ges Qwei tmB Astk tdivUv w`b Ges Amy`Zvi K_v wj Lp (mshy³ Qwe Abjvqx) • Gme Amj_ tKb nq Zvi Kvi Y RvbZ Pvb Ges Zv`i gZvgZ `i bjb • wdePvU®(mvavi Y `r` cwi Ph®, AKbvg) t_`tk tLv v cvqLvbvi Qwe t`Lvb tLv v cvqLvbv t_`tk wKfvte tivM RxevYj we`hi NtU Zv wbtq Avtj vPbv Kiab Ges ewW g`wcs G cõb tivM e`wai cãvb Kvi Y wnmvte G_v tjtK wPryZ Kiab 	
2.2.	<ul style="list-style-type: none"> • `r`m=SZ cvqLvbv wK tm m=útk®AskMhYKvi`i avi Yv msMh Kiab • wdePvU®(mvavi Y `r` cwi Ph®, AKbvg) t_`tk `r`m=SZ cvqLvbvi Qwe t`wLtg `r`m=SZ cvqLvbvi avi Yv `ewkõ`_tj v `úo Kiab (n`vUAvD`Ui Avtj v`K) 	20 wgvbU
2.3.	<ul style="list-style-type: none"> • `f g`j`i weifbæ`r` m=SZ cvqLvbv c`hy³ i Qwe (mnvqK Z_` 2.3) G`K G`K cõkõ Kiab G aitYi cvqLvbv AskMhYKviMY BwZcæ`t`Ltg wKbv RvbZ Pvb Zv`i gZvgZ `i bjb Ges weifbæaitYi cvqLvbvi c`hy³ Gi cõb`vb m=útk®mjbw`õfvte avi Yv w`b • `wYvA`tj i jvMmB c`hy³ i cvqLvbv wnmvte wis`vte 1 Kzv/wõKzv weikõ cvqLvbvi welq_v tjt v D`j`L Kiab 	30 wgvbU
2.4.	<ul style="list-style-type: none"> • `r`m=SZ cvqLvbvi e`envi iyYvtey`Y wKfvte Kiv DvPZ Zv wbtq Avtj vPbv Rb` AskMhYKvi`i tRvov`tj f`vM Kiab • cõZ`K tRvov`K Avtj vPbv Kti 1wU e`envi 1wU iyYvtey`Y wbgq tei Kitz ej`j Avtj vPbv Rb` 5 wgvbU mgq w`b • wba`ni Z mgq tk`l AskMhYKvi`i KvQ t_`tk wbgq_v tjt v `i bjb tcv`vi tccv`i wj Lp এরপর ব্যবহার ও রক্ষণাবেক্ষণ সংক্রান্ত ফ্রিপচাট®(mvavi Y `r` cwi Ph®, AKbvg) cõkõ Kti Zv`i t`qv ctqU_v tjt v wgvj tq t`Ltg ej`j • e`envi iyYvtey`tYi m`wK wbggmgn Qwe cõkõbi gra`tg e`vL`v Kiab • `r`m=SZ cvqLvbv e`envi iyYvtey`tYi bvix cjad MY wK wK fvgKv cvj b Kitz cvti b Zv Avtj vPbv Kti wPryZ Kiab • Avtj vP` nelq t_`tk c`kõk`ti wky`Y hvPvB mKj`tk ab`ev` Rwb`tg Awatekb tk`l Kiab 	40 wgvbU
	<ul style="list-style-type: none"> • Awatek`bi Avtj vP` nel`tqi mvi mst`q`c Ges g`j`evZ`mgn Avtj vPbv gra`tg mjbw`õ Kiab • Avtj vP` nelq t_`tk c`kõk`ti wLY hvPvB Kiab • wLYmgn ev`é`q`j`t` cõqvtMi Rb` cõZkõZ Av`vq Ges ab`ev` Rwb`tg Awatekb tk`l Kiab 	20 wgvbU

Avațekți bi gjevZŃ

- ~f' m=§Z cvqLvbn e'envi Kwi, tivM cŃZțiva Kti Wv³vi I I Ițai LiP KgvB |
- ~f' m=§Z cvqLvbn e'envi Kwi, mj' _vkk, Avq-țivRMvi ep̄x Kwi |
- Kg LițPI ~f' m=§Z cvqLvbn %Zwi Kiv hvq |
- ~f' m=§Z cvqLvbn vbqvgZ cwi®vi Kiv cŃqvRb | GțZ bvixț` i cvkvcnvk cij adț` i I fvgKv ivLțZ nte |

mnvqK Z_ - 2.1

[thme gwWDj t_țK Z_ tbqv ntqtŃ-MŃgxY ~f' tmveKv cŃkŃY mnvqKv, AKŃvg-wRie I epțZ tkLv]

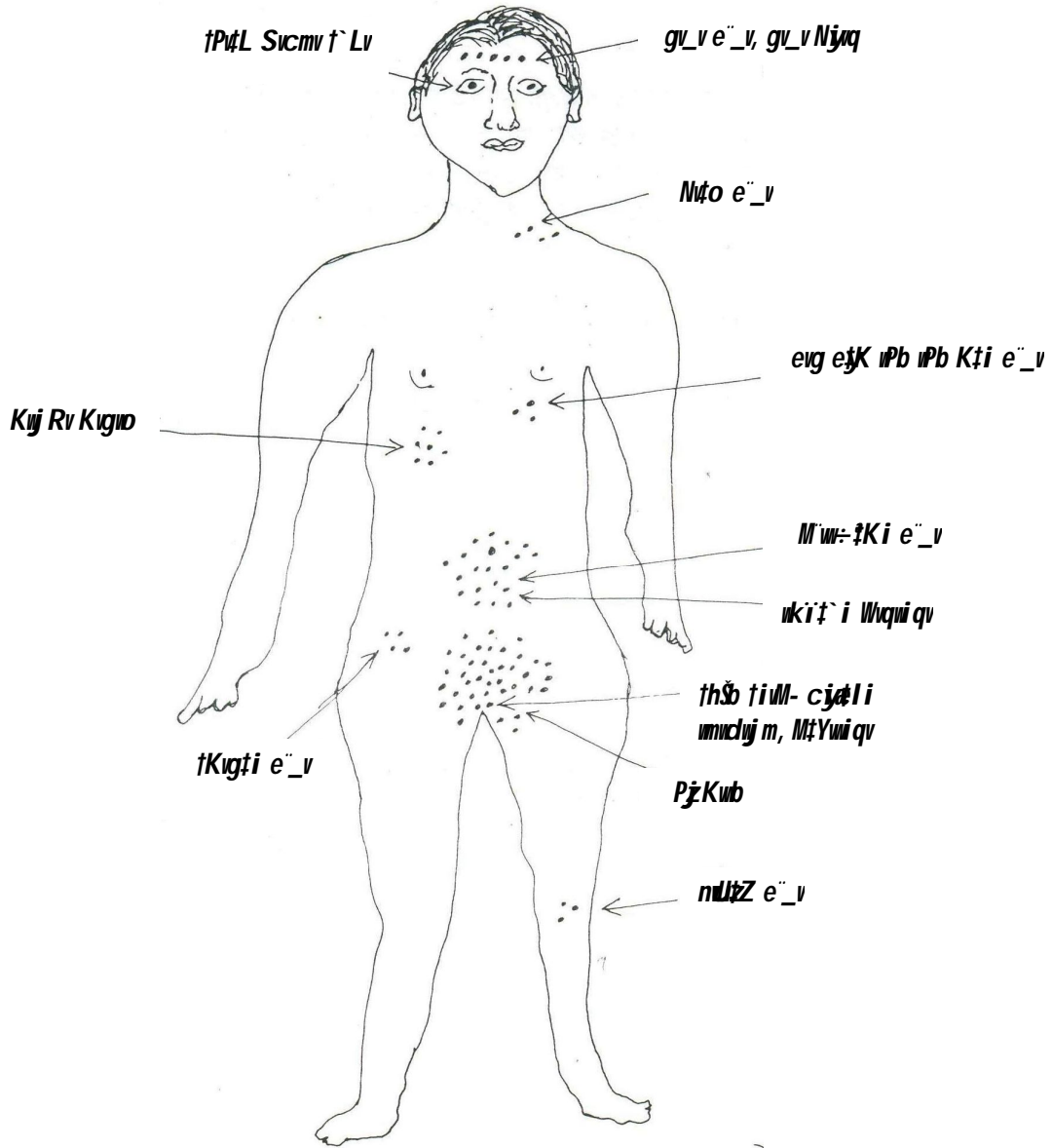
gj gŃ t_țK thfŃte tivM Qovq

Avgt` i kixții mKj eR®Ges Avgt` i Lv`bvj xțZ Aew`Z wevfbae aițbi tivM RxeYy gtj i gva`tg t`tni ewnti Avtm | me gtj, GgbwK wkiț` i gtj I RxeYy_vțK | tLvj v`vțb ev tLvj v j`vLŃb gj Z`vM Kițj wevfbae vte GLvb t_țK tivM RxeYy Qvotq cto | gkv, gvwŃ, num, gj vM, KKi, weovj, evZvțmi gva`tg GB tivM RxeYy cvmbțZ, Lvevți, nvțZ, _vjv-evmțb ev Lvevi `Zwi I cwițekți bi RvqMvq Qvotq cto I gvbțli kixții cŃek Kti Ges Wvqwi qv, RvŃm, Kvgmn wevfbae aițYi tivM e`vva mȳŃ Kti |



Qie- gj gŃ t_țK thfŃte tivM Qovq

kixi wPÎ I tivMti Ae`wb



tcllv šviv ti wMxi msL`v tevS4bvn ntqt0

mnvqK Z_ - 2.2

[thme gwWDj t_+K Z_` tbqv ntqtQ-
MogxY 'v'v'v' tmweKv cKkY mnvqKv, AKdvq-wRie I eP+Z tkLv;
Rieb `qZvgj K cKkY gwWDj , wi K;
'v'v'v'vm I m'wbUkb Dbqb mnvqKv, GbwRI tdrivg;]

'v'm\$Z cvqLubvi aviYv I 'eko`

Avqv+ i mKtj i Ggb GKwJ cvqLubv e'envi Kiv cQvRb hvZ gj g+ GKwJ wv+ @ 'v+ Ggbfvte Ave x _v+K Ges XvKv _v+K thb Zv tKvbfvte mivmwi KxUcZ½, ci cvmL I evZvm I cwbv ms-utk© Avm+Z bv cv+ i, tivM RxeYvI `M+ bv Qovq | Gai+Yi cvqLubv+KB m'wbUvix ev 'v'm\$Z cvqLubv e+ j | G ai+Yi cvqLubv e'env+ i d+ j tivM RxeYvQovqbv Ges cwi tek `w Z nq bv |

'v'm\$Z cvqLubvi 'eko`

- gj evB+ i t_+K t` Lv hvte bv, ev evB+ i tei nte bv;
- `M+ Qovte bv;
- gj Oviv Dcti i gwJ `w Z nte bv;
- g+ j i gva+g fvgi Dcwi 'v'v'v'v' `w Z nte bv;
- gkv, gwQ, KxU-cZ½ Ges Ab'vb` cOYx g+ j i ms-utk©Avm+Z cvite bv;
- mvweR cwi tek `w Z nte bv |

'v'm\$Z cvqLubv e'env+ i cQvRbvqZv

- my'fvte Rieb hvcb Kiv hvq I tivM RxeYv me'vi tiva nq;
- Wvqwi qv, Avgvkq, Kwg, RvUm I Ab'vb` tivM Qovq bv;
- cwb I evZvm wivc` I cwi tek my` i _v+K;
- tMvcbxqZv eRvq _v+K;
- cwi cvmK+R cwi "QbvZv eRvq _v+K Ges wki gZi nvi Ktg;
- Wv³vi I I I+ai ty+I Lip Ktg Ges Awv_R m"Qj Zv evx cvq;
- mvgvRK gh+ v evx cvq |

mnvqK Z_ - 2.3

[thme gwWDj t_+K Z_` tbqv ntqtQ-
m+ g+ j `wb+Ri cQ` gZ cvqLubv wbg+Y wbt`Kv, Rb'v'v'v'v' cKkYj Awa`Bi I BDwb+md]

'f g+ j` i wvfbach+ i 'v'm\$Z cvqLubv

Kg Lip wvfbach+ i m'wbUvix cvqLubv %Zwi Kiv m+e | wvfbach+ vbxq DcKiY e'envi K+ i 'f g+ j` G ai+Yi m'wbUvix cvqLubv ^Zwi Kiv hvq | GKwJ cvqLubvi wZbwJ Ask _v+K- Dcwi KvW+gv ev QvDwb, cvUvZb ev `ove Ges wU ev MZ+ wvfbach+ vbxq DcKiY e'envi K+ i 'f g+ j` wKfvte cvqLubvi wZbwJ Ask %Zwi Kiv hvq Zvi K+qKwJ ch+³ (Drm- Rb'v'v'v'v' cKkYj Awa`B I BDwb+md cYxZ +f g+ j` wbt+Ri cQ` gZ cvqLubv wbg+Y wbt`Kv) wbt+ t` Lv+bn nj -

1.

Qtb i`Zni Dcni KwHtgv



LiP : AvbgwibK 250-300 UvKv

`wqZj : AvbgwibK 1-1.5 eQi

mjeav : c0qvRbxq gvj vgvj ewotZ ev `vbxqfvte cvl qv hvq |

Amjeav: m`v DcKiY e`envti i dtj gvS gvS tgvgtZi c0qvRb nq | tenk ewotZ Qb ZvovZwio b0 ntq hvevi m`tebv _vtK |

Kj mx ev gUKv ciqLvbvi Rb` cvUvZb



LiP : AvbgwibK 50-70 UvKv

`wqZj : AvbgwibK 1-1.5 eQi

mjeav : LiP Kg | gqj v t` Lv hvq bv |

Amjeav: gwUj XvKbv fvzvi KvItY evi evi e`jvtZ nq | XvKbv e`envi bv Kitj `M0 Qovq |

gUKv Kj mx w`tq `Zni MZ0



LiP : AvbgwibK 100-125 UvKv

`wqZj : AvbgwibK 1.5 - 2 eQi

mjeav : `vbxq evRvti cvl qv hvq | Zj bvgj Kfvte LiP Kg |

Amjeav: gUKv Kj mx i mvBR t0vU ntj ZvovZwio ciqLvbv fti hvI qvi m`tebv _vtK |

2.

Zvj cvZvi `Zni Dcni KwHtgv



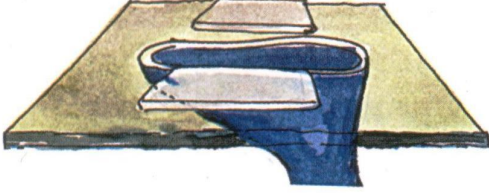
LiP : AvbgwibK 40-50 UvKv

`wqZj : AvbgwibK 6 gvm-1 eQi

mjeav : LpB mnRj f` | c0qvRbxq wRwbmcT ewotZ ev `vbxqfvte cvl qv hvte |

Amjeav: c0j So-ewotZ b0 ntq hvevi m`tebv _vtK |

প্লাস্টিক প্যানযুক্ত (সাইফন/জলাবদ্ধ অংশ ছাড়া) কংক্রিট এর পাটাতন



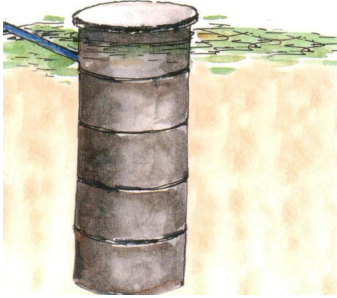
LiP : AvbgmbK 140-160 UvKv

`wqZi : AvbgmbK 2-3 eQi

m`gav : e`envi mnR| gj cwi`®¶ii Rb` cwbi দরকার হয় না। কংক্রিট প্যানযুক্ত GB cvUvZb wKb†Z cvI qv hvq|

Am`gav: XvKbv e`envi bv Ki†j `MØ tei nq|

cØ vi s vi †q `Zvi GK Kqveikó Ad†mU cvqLubvi MZ®



LiP : AvbgmbK 450-550 UvKv

`wqZi : AvbgmbK 3-3.5 eQi

m`gav : g`mU ††½ covi m`tebv _v†K bv| B`QvgZ e`envi Kiv hvq|

Am`gav: কংক্রিট রিং ব্যবহা†i Zj bvgj Kfv†e LiP tewk nq| |

3.

†LRj cvZvi `Zvi Dcvii Kw†gv



LiP : AvbgmbK 40-50 UvKv

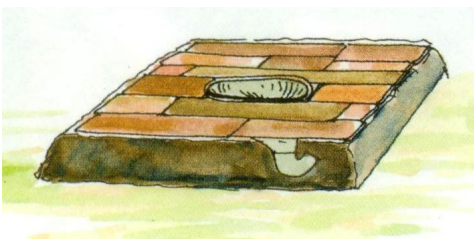
`wqZi : AvbgmbK 6 gvm-1 eQi

m`gav : LpB mnRj f`| cØqvRbxq wRwbmc† ewo†Z ev `vbxq fv†e cvI qv hv†e|

Am`gav: cØj So-ewo†Z bó n†q hvevi m`tebv _v†K|

প্লাস্টিক/কংক্রিট প্যান দিয়ে তৈরি কাঠের পাটাতন

LiP : AvbgmbK 80-120 UvKv



`wqZi : AvbgmbK 2-3 eQi

m`gav : Zj bvgj Kfv†e `vqx| c`vb e`envi I cwi`®vi Kiv mnR| mivmwi MZ®ev Ad†mU Dfqt†y††B GB cvUvZb e`envi Kiv hvq|

Am`gav: cwbi e`e`v ivL†Z nq| cwib c†o Kw bó n†q th†Z cv†i |

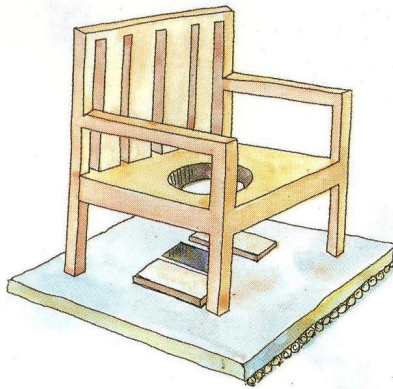
GK wis w`tq `Zui MZ©



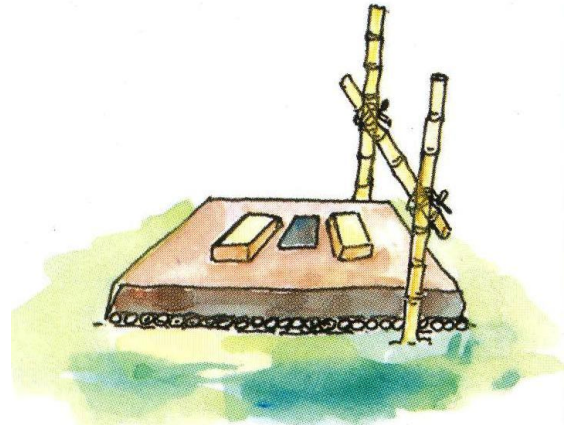
LiP : AvbgwmbK 75-80 UvKv
`uqZj : AvbgwmbK 2-3 eQi
mjeav : Zj bvgj Kfvte LiP Kg| k³ gwMi tyt` MZ©f`ti
 tMtj wis mwi tq c`pivq e`envi Kiv hvq|
Amjeav: tKej gv` k³ gwMi tyt` G aitYi MZ©Dch³ | MZ©
 tewk Mfxi bv ntj `z f`ti hvq|

`f`m³Z cvqLvbv `Zui mgq iki, e³, Mf©Zx I kwi ixKfvte Aygt` i Rb` KiYxq

- nvZj I gvSLvfb tMvj tdivKi lqjv k³ Kv`Vi tPqvi MtZ³ g` eivei `vcb Kiab| tLqj
 ivL`Z nte hv`Z tPqvti i tdivKi Avi cvqLvbvi g` mi vmi nq|
- e`envi Kvixiv hv`Z cvqLvbv e`envt`i Rb` k³ wKQz at`i DV`Z I emtZ cvti tmRb`
 cvqLvbvi Wwb ev evgw` tK, e`envi Kvixi mjeav Abjvqx D`PZvq j ³ n`vtUj /nvZj emv`bv
 th`Z cvti |
- cvqLvbvi tfZi mjeavRbK `vfb memgq GK evj wZ/gUKv cwb I mvevb/QvB ivL`Z nte|



Qwe: nvZj I gvSLvfb tMvj tdivKi lqjv
 k³ Kv`Vi tPqvi



Qwe: k³ wKQz at`i DV`Z I emtZ cvti
 tmRb` j ³ n`vtUj /nvZj

mnvqK Z_ - 2.4

[thme gwWDj t_ŧK Z_ tbqv ntqt0-

MŧgxY ˆˆˆˆ tmeKv cŧkŧY mnvqKv, AKbŧvg-wRie I eŧPŧZ tKLv;

Rxeb ˆŧZvgj K cŧkŧY gwWDj , wi K;

ˆˆˆˆvfˆm I m`vbŧUkb Dbqb mnvqKv, GbuRI tŧdvi vg]

ˆˆˆmŧZ cŧqLubvi e`envi I iyYutejY

ˆˆˆmŧZ cŧqLubvi e`envi

- cvqLubv e`envi i mgq m`vŧUj e`envi KiŧZ nte;
- ˆB cv-`vbi Dci cv tiŧL emŧZ nte;
- c`vŧbi MŧZP w`ŧK wCQb w`ŧq emŧZ nte;
- c`vb w`ŧq ˆZwi cvqLubvi tŧyŧŧ gj Z`vŧMi cŧe`cwb w`ŧq wfvRŧq wŧŧZ nte;
- cvqLubvi wFZŧi ev evBŧi cvŧ fWZ`cwb Ges mvevb ev QvB ivLŧZ nte;
- cvqLubv e`envi i cŧi chŧB cwb tXŧj c`vb cwi`vi KiŧZ nte;
- Wvb nvŧZ cwbi Kj Lj ŧZ nte I eU KiŧZ nte I Wvb nvŧZ e`bv aiŧZ nte |

ˆˆˆmŧZ cŧqLubvi iyYutejY

c`ibenb ˆˆˆmŧZ cŧqLubvi tŧyŧŧ-

- cvqLubvi Avkcvk cwi`vi ivLŧZ nte;
- cŧZw`b (m`e bv ntj) mBvŧn AŧZ ˆBw`b cvqLubvi wFZi wŧPs cvDWvi wQwŧq cwi`vi KiŧZ nte;
- cvqLubvi MZ`fwZ`ntq tMŧj Abŧ Avi GKw cvqLubv ˆZwi Kŧi wŧŧZ nte | wKQw`b (6 gvm t_ŧK 1 eQi) ci cŧeP MZ`cwi`vi Kŧi cŧivq e`envi Kiv thŧZ cvŧi |
- cvqLubvi wfvU ev MŧZP cvo tKvb KvŧY tŧŧ½ tMŧj cŧivq gwU w`ŧq tgivgZ KiŧZ nte |

c`ibhŧ (RjveX) ˆˆˆmŧZ cŧqLubvi tŧyŧŧ-

- cvqLubvi c`vb I ˆve wŧqŧZfvŧe cwi`vi ivLŧZ nte;
- mBvŧn AŧZ GKw`b RxeYŧvkK wŧŧŧe wŧPs ev nviwCk e`envi KiŧZ nte;
- tenk cwi gvŧY cwb tXŧj mvBdb cwi`vi ivLŧZ nte | mvBdb t_ŧK gj bv miŧj eŧŧZ nte mvBdŧb tKvb wKQz AvUŧK tMŧQ | Gŧyŧŧ cŧŧg chŧB cwb tXŧj cwi`vi Kiv thŧZ cvŧi | ZvŧZI cwi`vi bv ntj eŧŧZ nte k³ wKQz AvUŧK tMŧQ | ZLb eŧki KŧPv Kŧw` w`ŧq cwi`vi i tPŧv KiŧZ nte | GŧZI cwi`vi bv ntj mBcvi tWŧK cwi`vi Kiv thŧZ cvŧi |
- cvqLubvi MZ`fwZ`ntq tMŧj cvŧk Avi GKw MZ`Kŧi AvŧMi MŧZP mvŧ_ mŧŧhvM Kŧi w`ŧj cvqLubvU cŧivq e`envi DcŧhvMx nte;
- cvqLubvi wfvU ev MŧZP cvo tKvb KvŧY tŧŧ½ tMŧj cŧivq gwU w`ŧq tgivgZ KiŧZ nte
- cvqLubv Avkcvkmn cwi`vi -cwi`QbceivLŧZ nte |

`f`m\$Z cvqLvbv i yYteyY bivx I cjadli figKv

bivxi figKv

- স্বাস্থ্যসম্মত পায়খানা স্থাপনের ক্ষেত্রে সিদ্ধান্ত গ্রহণ প্রক্রিয়ায় অংশ নেয়া;
- cvqLvbv wbgvY bivxi e`enwi K myeav Amyeav Ztj aiv;
- `f`m\$Z cvqLvbv e`envti cwievti i cjadl` i DrmwnZ Kiv;
- cvqLvbv cwi®vi cwi`Obzv I i yYteyY KvR AskMhtYi Rb` cjadl` i DrmwnZ Kiv|

cjadli figKv

- cvqLvbv cwi®vi I i yYteyY bivx` i cvkvcvuk cjadl` i Ask tbqv;
- bivxi Amy`Zv wKsev MfRvj xb mgtq cvqLvbv cwi®vi I i yYteyYi cfi v`wqZ; MhY Kiv;
- cvqLvbv `vcfb bivxi myeav Amyeav wetePbv Kiv;
- সিদ্ধান্ত গ্রহণ প্রক্রিয়ায় নারীর অংশগ্রহণকে উৎসাহিত করা ।

ibivc` cub, m`ubtUkb I `f`vf`im velqK cikjY gWIDj

ukLY chiq	Awatekb পরিচালনা প্রক্রিয়া	Mgg
	<ul style="list-style-type: none"> • c0ZwU Lvivc Afivmi wecixtZ fvj Afivmi KwW0tjv mvrvtZ ejp; • my`Zvi Rb` Avgt`i tKvb Afivm,tjv PPP Kiv c0qvRb RvbtZ Pvb Ges fvj Afivmi mptj vbtq Avtj vPbv Kiab; 	
3.2.	<ul style="list-style-type: none"> • AskMhYKvixt` i mvt_ Avtj vPbv Kti cwi`vi-cwi`Obzvi aiY,tjv vbow`0 Kiab 	20 wgvbU
3.3.	<ul style="list-style-type: none"> • Gici e`w3MZ I cwiewiK cwi`vi-cwi`Obzvi m`utK`aviYv c0vb Kiab Ges AskMhYKvixt` i tK e`w3MZ I cwiewiK cwi`vi cwi`Obzvi 1wU Kti ctqU ejtZ ejp; • AskMhYKvixt` i t`qv ctqU,tjv tcv÷vi tccvti wj Lp; • AskMhYKvixt` i gZvgZ MhY tktl ev` cto hvl qv KiYxqmgv h3 Kiab; • Lrevi AvtM I ctqLvbi cti mwVK cxwZtZ nuZ tavqvi velquU AskMhYKvixt` i Kvto `uó Kivi Rb` mvevb I cwibi mvvth` nvZ tavqvi velquU Abkxj Y Kiab; 	50 wgvbU
	<ul style="list-style-type: none"> • Awatektbi Avtj vP` vel tqi mvi mst`c Ges gj evZimgv Avtj vPbvi gva`tg mybow`0 Kiab • Avtj vP` velq t`tK cikKti ukLY hvPvB Kiab • ukLYmgv ev`bt`c0qvMi Rb` c0Zk0Z Av`vq Ges ab`ev` Rvibtq Awatekb tkl Kiab 	30 wgvbU

Avatektbi gjevZ

- e'w³MZ cwi[®]vi-cwi"Obzvi gb cweI Kti, kixi my' ivtL, mevB cO` Kti |
- e'w³MZ I cwi ewi K cwi[®]vi-cwi"Obzvi Rb" Lp tenk At_P cOqvRb tbB, cOqvRb B"Qvi |

mnvqK Z_ - 3.1

[thme gwWDj t_tK Z_ tbqv ntqtQ-
 MÖxy ^v' tmieKv ckkjY mnvqKv, AKblvg-wRue I euf_tZ tKLv;
 Rxeb `jZvgj K ckkjY gwWDj , wi K;
 ^v'vf'vm I m'ubtUkb Dbqb mnvqKv, GbwRI tdvvg;]

^v'vf'vm I cwi[®]vi-cwi"Obzvi aviYv I cOqvRbxqZv

^v'vf'vm

Avgiv mevB PvB Avgvt` i ^v' fvtjv ivL_tZ | Avgiv mevB PvB Avgvt` i kixi my' ivL_tZ | AtbtKB gtb Ktib ^v' fvtjv ivLvi Rb" cOqvRb cyoKi I `wng Lvevi Lvlqv | wKš` tKej `wng cyoKi Lvevi tL_tj gvbftli ^v' fvtjv _vtK bv | GKRB gvbftli ^v' fvtjv ivLvi Rb" wKQzwbqg I wKQz my'` weia Abkxj Y Kiv cOqvRb hvtk Avgiv ^v'vf'vm etj _wK |

cwi[®]vi-cwi"Obzvi aviYv

cwi[®]vi cwi"Obzvi ntjv gqjv-AveRbv, tivM-e'wa t_tK gy³ _vKvi cOPov | my'^v' iyv Kivi Rb" Pvicvtki cwi tek cwi[®]vi-cwi"ObzviLv GKvšI cOqvRb | cwi[®]vi-cwi"Obz_vKtj tivM-e'wa AtbK Kg nq | m'vaviYfvte gvbftli kixitK Mvnoi BwÄtbi mv_t_ Zj bv Kiv nq | Mvnoi BwÄb wK ivLvi Rb" thgb cwi[®]vi ivL_tZ nq, tZj-guej w` tZ nq, tavqv-tgvQvnm Avi I wewfbræitYi cwi PhPKitZ nq | gvbftli kixi I wK tZgub | BwÄb fvtjv ivLvi Rb" BwÄb cwi[®]vi ivLv nq, tZgub kixi wbgvgZfvte cwi[®]vi cwi"Obzvi ivL_tj gvbftli ^v' fvtjv _vtK bv, bvbv aitYi Amj_-wemj_ nq | ZvB ^v' fvtjv ivLvi Rb" cwi[®]vi cwi"Obzvi iqv Kiv cOZ`tki Rb" Acwivnh[®]

^v'vf'vm I cwi[®]vi-cwi"Obzvi cOqvRbxqZv

kivixi K my' Zv Ges `xN[®]Rxeb jvtfi Rb" ^v'vf'vm Ges cwi[®]vi-cwi"Obzvi tKvb weKí tbB | ^v'vf'vm Ges cwi[®]vi-cwi"Obzvi tivM-RxevYy`ti ivL_tZ mnvnh` Kti | ^v'vf'vm Abkxj b Kitj Ges cwi[®]vi-cwi"Obz_vKtj wewfbræitvM-e'wai nvZ t_tK iyv cvlqv hvq, mtefcwi ^v' wK _vtK, gvbwmK ckkvšI eRvq _vtK | ZvB cwi evti i eo_t` i cvkvcwK wki_t` itKI ^v'vf'vm Abkxj b KitZ nte Ges cwi[®]vi-cwi"Obz_vKtZ nte |

^v'vf'vm Abkxj b Ges cwi[®]vi-cwi"Obzvi msj -

- tivM-e'wa t_tK iyv cvlqv hvq;
- wki_t` i kivixi K I gvbwmK weKiv N_tU;
- ^v' wK _vtK;
- gvbwmK ckkvšI eRvq _vtK;
- Wv³vti i tcOtb LiP Kg nq;
- mgvtR I Kg[®]Rxetb MvYt`hvM`Zv epx` cvq;
- %wK I gvbwmK tmš` h`epx` cvq |

mnvqK Z` - 3.2

[thme gwWDj t`tk Z` tbqv ntqtQ-
Mögxy `v` tmieKv ckkY mnvqKv, AKdlvg-wRie I eP`Z tkLv;
Rieb `qZvgj K ckkY gwWDj , wi K;
`v`vf`vm I m`wbtUkb Dbqb mnvqKv, GbwRI tdvvg;]

cwi`vi-cwi`Qbævi aiY

cwi`vi-cwi`Qbæv 3 aiYi-

- e`w³MZ cwi`vi-cwi`Qbæv
- cwi ewi K cwi`vi-cwi`Qbæv
- cwi cwkR I cwi tekMZ cwi`vi-cwi`Qbæv

e`w³MZ cwi`vi-cwi`Qbæv

e`w³MZ cwi`vi-cwi`Qbæv ejtZ e`w³i wbtRi kixii cwi`vi-cwi`P`Qbæv I `v`weva tgb
Pj vtK tevSvq | `v`vf`vm MVtb e`w³i fvgKv Acwimxg | gj Z `v`vf`vm iiaeq e`w³MZ cwi`vi-
cwi`Qbævi gva`tg |

cwi ewi K cwi`vi-cwi`Qbæv

cwi ewi K cwi`vi-cwi`Qbæv ntjv Ni-ewo, cwb I cvqLvbi Drm, ewoi Awlzbv, gjj v-AveRðv I
tivM RxeYgy³ ivLv | e`w³MZ `v` Abkxj tbi cZdj bB NtU cwi ewi K `v`vf`v`tm | cwi ewi K
`v`vf`v`mi gj velqvJB ntjv wR cwi evti i cwi`vi cwi`Qbævi vel tq , iæZ;t`qv |

cwi cwkR I cwi tekMZ cwi`vi-cwi`Qbæv

cwi cwkR I cwi tekMZ cwi`vi-cwi`Qbæv ntjv evoxi Avkcvk, iv`INvU, cKai -tWver-bj v BZ`w`
gj v-AveRðv I tivM RxeYgy³ ivLv |

mnvqK Z` - 3.3

[thme gwWDj t`tk Z` tbqv ntqtQ-
Mögxy `v` tmieKv ckkY mnvqKv, AKdlvg-wRie I eP`Z tkLv;
Rieb `qZvgj K ckkY gwWDj , wi K;
`v`vf`vm I m`wbtUkb Dbqb mnvqKv, GbwRI tdvvg;]

e`w³MZ I cwi ewi K cwi`vi-cwi`Qbævi Rb` KiYxq

e`w³MZ cwi`vi-cwi`Qbævi Rb` KiYxq

GKRb gvbj tk cwi`vi-cwi`Qbæ_vKvi Rb` cZw`b wKQz KvR KiZ nq | wbtP cwi`vi cwi`Qbæ
_vKvi Rb` KiYxq , tj v Ztj aiv ntj v-

ibqvz `vZ gvRv: Lvl qvi ci fij fvte gL I `vZ cwi`vi bv Kijt Lvevi ctP gL `M Ges
bvbi Kg `vZi tivM nq | tmRb`B cZ`Kevi Lvl qvi ci fij Kti `vZ I gL cwi`vi Kijt nq |

ibivc` cwb, m'ubtUkb I t'vf'um nelqK ckyY gwIDj

côZw` b mKvtj Ges ivtZ Lvl qvi ci `uZ gvRtZ nq| ZvQvov côZevi Lvl qvi ci fvtjv Kti Kj KtP Kitz nq| tLqvj ivLtz nq, `wtZi dutK thb tKvb aitbi Lvevtti KYv bv tj tM vtK| `uZ gvRvi Rb` big eik-Uz tc-/Uz cvDWvi ev `uZb e`envi Kiv hvq| Zte tKvb fvtB Kqv ev QvB w` tq `uZ gvRv DvPZ bq| Kqv ev QvB w` th `uZ gvRtj `uZ bó ntq hvq|

wbqvgZ tlmj Kiv: KvRKgKivi dtj Avgvt`i kvixiK cwiKô nq Ges Zvi dtj kixi t_tK Nvg tei nq| wbqvgZ fvtB kixti ZK cwi`vi bv Kitz tj vgKe_tj vi gL eÜ ntq hvq Ges Nvtgi mvt_`wL Z c`v_`kixi t_tK tei ntZ bv tcti bvbv iKg PgfvMi mjo nq| ZvB côZ`Ki DvPZ côZw` b tMvmj Kiv Ges gvtS gvtS mverb e`envi Kiv| Zvntj kixti ZK cwi`vi-cwi`Qba_vKte Ges PgfvM nI qvi m`tebv Ktg hvte|

wbqvgZ gv_vi Pj cwi`vi Kiv: gv_vi Pj gvtS gvtS mverb ev k'v`uyw` tq cwi`vi Kti fvj tZj e`envi Kiv DvPZ| wbqvgZ Pj AvPovtj Pti e`vqvg nq Ges Gi dtj Pti DKb Ges LkK RbvtZ cvti bv|

e`envh`RibmC` cwi`vi Kiv: e`envh`RibmC` thgb- tcvkvK-cwi`Q`, Kivco-tPvco, weQvov, evvj k, Pv`i BZ`w` wbqvgZ cwi`vi bv Kitz kixti tLvm cvPov BZ`w` PgfvM ntZ cvti |

wbqvgZ bL Kiv: côZ mBvtn GKevi nvZ I cvtqi bL KvUv DvPZ| KviY nvZi bLi wbtP gqv Rtg Lvevtti mvt_ tctU Pti wMtq bvbvi Kg tivMi mjo ntZ cvti |

cvqLvbv e`envi Kivi cti mverb ev QvB w` tq nvZ tavq: tQvU wki i gj cwi`vi I tkSP Kivtbi ci Ges wbtR côZevi gj Z`vtMi ci mverb ev QvB I cwb w` tq fvj fvtB `B nvZ Kiv chSÍ tavqv DvPZ| Zv bvtj gtj i tivM-RxevYy Lv`i mvt_ wgtk tctUi AmL ntZ cvti | Gme e`vcvti tQvUtej v t_tKB wki t`i Af`vm Kivtbi DvPZ|

gj gwU Pvcv t`qv: t'vf'm`S cvqLvbv e`enviti mthvM bv_vKtj evio-Ni, Pj vi c_, cwbv Drm I wki t`i tLj vi RvqMv t_tK wivc` `ttZj gj Z`vm Kiv DvPZ| gj Z`vtMi ci mt½ mt½ Zv gwU Pvcv w`tZ nte| tQvU wki gj gwU Pvcv w`tZ nte| KviY wki t`i gtj I RxevYy_vtK| hw` I Avgvt`i t`tk AtbK gv-evev gtb Ktib wki I tQvU tQtj tqtq`i gtj tKvb ywZ nq bv| cKZc`ty eo I tQvU Dftqi gj B mgvb ywZKi |

Lvl qvi AvtM mverb w` tq nvZ tavq: Lvl qvi AvtM, wki t`K Lvl qvtbi AvtM Ges Lvev t`uk`Kivi AvtM mverb I cwi`vi cwb w` tq `B nvZ fvj Kti tavqv DvPZ| thgb-tZgb fvtB i aycwb w` tq nvZ tavqv ht_ó bq| GttZ tivM-RxevYy itqB hvq hv Lv`i mvt_ wgtk tctUi AmL ntZ cvti | Gme e`vcvti tQvUtej v t_tKB wki t`i Af`vm Kivtbi DvPZ|

num-gjMi bvoPvovi ci mverb ev QvB w` tq nvZ tavq: num-gj wM, num-gj wMi wWg I gvsm bvoPvov Kivi ci Ges num-gj wM ivLvi `vb cwi`vi Kivi ci mverb I cwb w` tq `B nvZ Kiv chSÍ atq ফেলতে হবে । এতে জীবগু ও এভিয়ান ইনফুয়েঞ্জার (বার্ড ফ্লু) সংক্রমণ প্রতিরোধ করা সম্ভব হয় ।

Lvl qv AvtM dj tavq: mevR ev dj Kiv Lvl qvi AvtM cwi`vi cwb w` tq fvj fvtB atq wbtZ nte|

tLvj v I emx Lvevi bv Lvlqr: tLvj v I emx Lvevfi tivM RxevYy_vKtZ cvfi | ZvB G_tj v Lvl qr hvte bv |

cwievi K cwi`vi-cwi`Obzvi Rb` KiYq

cwievi K cwi`vi-cwi`Obzvi eRvq ivLvi Rb` cwievfi i `wqZkxj m`m`f`i wbaqj wLZ velq_tj v tLqvj ivLtZ nte-

- *cwievfi i Lv`vf`im, Lv` AvniY, Lv` cO`ZKiY I Lv` msi`yY cO`vj xtZ me`v cwi`vi-cwi`Obzvi eRvq ivLtZ nte |*
- *cvb Kiv, favq-igvQv Ges tMvmfj i cvb cwi`vi I `tYgyB ivLtZ nte |*
- *cwievfi i mevi Rb` `v`m`\$Z cvqLvbv wbuOZ KiZ nte |*
- *cvqLvbv wbuqZ cwi`vi KiZ nte | cvqLvbv fivU ntq tMtj gj mmitq tdjvi e`e`v KiZ nte | Ggbfvte gj mivtZ nte hvZ cvqLvbvi gj Avtkcvtki cKj, Lvj, b`x ev Ab` tKvfbv cvbi Drm I cwi`tek `wLZ KiZ bv cvfi |*
- *cwievfi i me m`tm`i Rb` wbuvc` cvb wbuOZ KiZ nte | cvb hw` wbuvc` Drtmi bv nq Zvntj Zv duUtg ev Ab` tKvb c`wZtZ RxevYgyB KiZ nte | cvb msMh, enb I msi`f`iYi wbuq_tj v h_vh_fvte AbmiY KiZ nte |*
- *Lvevfi i tdj t`qv Ask, dj-gj, ZiKvii tLvmv BZ`w`tZ tivMRxevYyRtbG Ges gwQi gva`tg Zv QovtZ cvfi | ZvB cwievfi i cO`Zw`tbi e`euZ DwOo I AveRv wbu`O MtZ` tdjvi e`e`v KiZ nte |*
- *cwievfi i tQvUf`itK cwi`vi-cwi`Obzvi (Lvlqvi AvtM, gj Z`vtMi cfi mvevb w`tq nvZ favq, m`vtUj cfi cvqLvbvq hvlqv, wbuqZ `wZ gvRv, tMvmj Kiv, bL tQvU ivLv) m`u`k` m`PZb I Af`vm MVtb mnvqZv KiZ nte | h`Z`I gqj v-AveRv tdjvi Kdj m`u`k` RvbvZ nte |*
- *ivb`Kiv Lvevi ZvovZvno tLtg wbtZ nte | ivb`Kiv Lvevi 5 N`Uvi tenk mgq titL t`qv ntj Zv cpivq fvj fvte Mig Kti wbtZ nte |*
- *KuPv Lvevfi i ms`u`k`Gtj ivb`Kiv Lvevfi tivMRxevYyQovtZ cvfi | G KvifY KuPv Lvevi I ivb`Kiv Lvevi me mgq wbuvc` `tZj ivLtZ nte |*
- *ewJ, `v, Qvi BZ`w` e`envfi i ci fvj fvte atq cwi`vi Kti ivLtZ nte |*
- *`p memgq Rvj w`tq tLtZ nte | KuPv `p wbuvc` bq |*
- *wkif`i Rb` ^Zvi Kiv Lvevi Ztj bv titL Lvlqvfbvi AvtM ^Zvi KiZ nte |*
- *Lvevi me mgq tXtK ivLv DvPZ | tmB mvf`_ Lvevi thLvfb ivLv nte tmB RvqMvU Aek`B cwi`vi cwi`ObænIqv `iKvi | Lvevi tLvj v_vKtj, gqj v, aj v-ewj cto, gkv-gwQ efm | Gmtei dtj Lvevfi tivM-RxevYywgfk hvq | Gme tivM-RxevYy_t`k bvbv iKg tivM nq | GQovv Lvevi me mgq cwi`vi cwi`ObæRvqMvq ivLv DvPZ | gqj v RvqMvq tZj vfcvKv, Buj, wJKvUwK BZ`w` Nj`i teovq | G_tj v Lvevfi i ms`u`k`Avmtj Lvevfi tivM-RxevYyQovq |*

ibivc` cub, m'ubtUkb I r'vf'm nelqK ckyY gMDj

wLY chij	Awatekb পরিচালনা প্রক্রিয়া	mgq
	<ul style="list-style-type: none"> • AskMhYKvixt` i avi Yvi mvf_ wuj tq KiYxqmgñ e'vL`v I mybw` ð Kiab Ges KiYxqmgñ cij tbi cZkZ Av`vq Kiab • Awatektbi Avtj vP` nel tqi mvimstñc Ges gj evZñmgñ Avtj vPbvi gva`tg mybw` ð Kiab • Avtj vP` nel q t`K cKkKi wLY hvPvB Kiab • wLYmgñ ev`éñññ cñqñMi Rb` cZkZ Av`vq Ges ab`ev` Rwbñq Awatekb tkI Kiab 	20 wjwU
4.4	<ul style="list-style-type: none"> • বড় দলে আলোচনার মাধ্যমে প্রশিক্ষণ উত্তর কার্যক্রমগুলো ঠিক করুন এবং সেই অনুযায়ী mKtj i AskMñtY GKwU Kgñwi Kí bv (mrvqK Z_ 4.4) cñqb Kiab 	20 wjwU
4.5	<ul style="list-style-type: none"> • mrvqK Z_ 4.5 Abñvq ckyY gj`vqñbi Rb` mKj AskMñYKvixt`K Avgñy Rvbw Ges gj`vq cñwZ mñutKñevBñK fvñvgZ AeMZ Kiab • ckyYi AvRñ wLY fñel`ñZ KvñR j vñvñbi Añxkvñi i Avtj vtK AskMñYKvixt` i `ñ একজন প্রতিনিধিকে প্রতিক্রিয়া জানানোর Rb` Abñiva Kiab; • cñññññ Dñxcvñj K e³ব্য প্রদানের মাধ্যমে সবাইকে ধন্যবাদ জানিয়ে প্রশিক্ষণ কার্যক্রম mgvB Kiab 	20 wjwU

Avatektbi gjevZi

- my' _vKvi Rb" ewoi Pricvtki cwi tek tKI cwi®vi cwi "QbaivLtz nte |
- Avgvt` i cwi tek Avgvt` itKB cwi®vi cwi "QbaivLtz nte |

mnvqK Z_ - 4.1

[thme gwWDj t_tK Z_ tbqv ntqtQ-
 MõgxY ^v' tmeKv cikjY mnvqKv, AKbvg-wRwe I ewPtZ tkLv;
 Rxeb `qjZvgj K cikjY gwWDj , wi K;
 ^v'vf'vm I m'ubtUkb Dbqb mnvqKv, GbwRI tdrivg;]

cwicvkR I cwi tekMZ cwi®vi-cwi "QbZvi aviYv I , iaZ;

cwicvkR I cwi tekMZ cwi®vi-cwi "QbZv ej tz tevSvq, wbtRi ewoi Avkcvk Ges cõZteksi ewoi Avkcvk, Gfvte ctiv Mõg cwi®vi-cwi "Qbaekti tzvjv | Zte GKwU MõgtK cwi®vi-cwi "Qbaekti tzvjvi KvR ia nq wbtRi ewo t_tK | Mõgti mevB hw` wbr wbr ewo I Zvi Avkcvk cwi®vi-cwi "Qbaekti ivtL Zvntj t`Lv hvq ctiv MõgB cwi®vi-cwi "QbaektqtQ | Mto DtvvtQ my` i I ^v'Ki cwi tek |

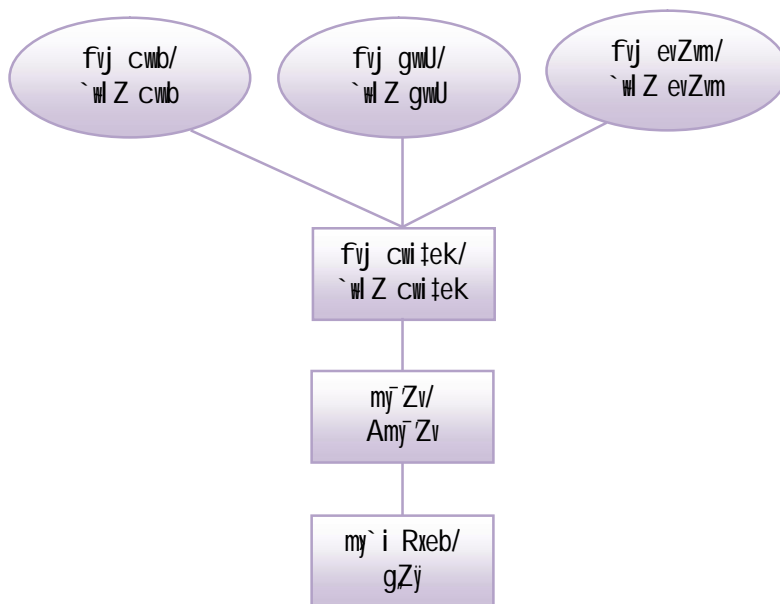
cwicvkR I cwi tekMZ cwi®vi-cwi "QbZvi , iaZ;

teP _vKvi Rb" hv wKQzcõqvRb Zvi mewKQB Avgiv cwicvkR cwi tek t_tK MõY Kti _vK | cõZ tmktkõ Avgiv th AwKtRb MõY Kti _vK Zv cwi tekki Dcv`vb MvQ t_tKB tctq _vK | cõZwbqZ Avgiv th Lv` MõY Kti _vK Zv cwi tek t_tKB cvB | ZvB cwicvkR cwi tek cwi®vi-cwi "Qbael` tYgß ivLv Lp , iaZpYq cwicvkR cwi tek cwi®vi-cwi "QbaevKtj AtbK mydj cvl qv hvq | G_tjv ntjv-

- ewo I Mõtg tKvb `Mõ _vtK bv | dtj evZvm fvjtj _vtK | evZvm fvjtj _vKtj eK fti kym tbqv hvq |
- cwicvkR cwi tek cwi "QbaevKtj Mõtg gkv-gvQ Kg nq | gkv-gvQ Kg ntj tivM QovtZ cvti bv |
- hT ZI cvqLvbn bv Kiti Mõtg tivMRxevYyKg Qovq | GtZ Wvqwi qvnm wewfbcti vM t_tK i jv cvl qv hvq |
- gvbtli Amy_-wemy_ Kg ntj Wv³vti i Kvto Kg thtZ nq | dtj wPwKrmv LvZ LiP Ktg |
- Ab` Mõgti gvbtli i Kvto mßyb evto |
- cPbkxj AveRõv GKmv_ Rtov Kti ivLti G_tjv w`tq`Re mvi `Zwi Kiv hvq |

cwi tek` H`Yi KviY I cFve

cwi tek weifbæKviY Rxeb aviYi Rb` ýwZKi I emevtmi AbçthvMx ntq DfV| bvbmea KviY cîZwbqZ Avgv` i cwii cwikR cwi tek `wl Z nt`Q| `wl Z nt`Q Avgv` i Rxeb aviYi Rb` Acwivnh© Dcv`vb cwb, gwU I evZvm| wbUcwi cwikR cwi tek `f`Yi KviY I cFve Dfj Kiv nj -



cwb` H`Yi KviY-

- cwbUZ gqj v-AveRb`vdj v;
- AveX cwbUZ cvU cPvtbv;
- AveX cwbUZ Mew`ci tMvmj Kivt bv;
- b`-b`x, Lvj -vej I Rj vkq tWRs bv nl qv;
- b`xi cvto tLvj v cvqLvbv `Zwi ;
- RvgUZ AvZwi³ i mnvqibK mvi I KxUvbkK e`envi |

cwb` H`Yi cFve-

- vbivc` cwbi Afve;
- j eYv³Zv epx;
- gvUQi cRWZ vej B;
- Rj R Dv^{MC} I cYxi ýwZ;
- Kfj iv, Wqwi qv epx |

gwU` H`Yi KviY-

- gj -gT;
- Mn`vj xi AveRb`v;

- *cwi=†Ki wRwbm hÎZÎ tdjv;*
- *mvi I KxUvkt†Ki AwZwi w³ e'envi;*
- *Kj -Kvi Lvbi eR[©] |*

gwW `†Yi c'ie-

- *gwUi DeƆZv nvm;*
- *km'nwb |*

evqy†Yi KviY-

- *AveR[©]vi ~c;*
- *†Lv v cvqLvbi;*
- *nwP-Kvki mv†_ wbMƆ RievYy*
- *Kj -Kvi Lvbi tauqv;*
- *Mvwoi tauqv;*
- *MvQ-cvj v †K†U tdjv |*

evqy†Yi c'ie-

- *wewfbœai†Yi tivM-e'wa;*
- *Awl_Ɔ Am"Oj Zv;*
- *cwi††ki fvimg" bô;*
- *wki i ~f'wēK wēKvk tiva |*

mnvqK Z_ - 4.3

[thme gwWDj †_†K Z_ " tbqv nt††Q-
 MōgxY ~f'~ tmēKv ctkjY mnvqKv, AKbvg-wRie I ew†Z †Klv;
 Rieb `†Zvgj K ctkjY gwWDj , wi K;
 ~f'~vf'vm I m'ubtUkb Dbqb mnvqKv, GbwRI †drivg; RiebZ_ , BDwb†md]

cwi cwkƆ I cwi†ekMZ cwi[©]vi -cwi"Obzvi Rb" KiYq

cwi cwkƆ cwi†ek cwi[©]vi -cwi"Obzvi Rb" mevB†KB KvR Ki†Z n†e | G_†jv nj -

- ***~f'mƆZ cvqLvbv e'envi:*** *†Lv v RvqMvq gj Z'vM bv K†i †QvU-eo mK†j i ~f'mƆZ cvqLvbv e'envi Kiv | ev"Pr†` i gj Z'vM Kiv†bvi ci mv†_ mv†_ Zv cvqLvbiq tdjv ev gwW Pvcv w`†q ivLv |*
- ***~f†j`i ~f'mƆZ cvqLvbv m†ú†K[©]avi Yv †`qv:*** *†KD †Lv v cvqLvbv e'envi K†j Zv†K ~f†j`i ~f'mƆZ cvqLvbv m†ú†K[©]avi Yv †`qv |*
- ***Lvl qvi cubi Dm cwi[©]vi ivLv:*** *Mōtg Lvl qvi cwbi Rb" msiwýZ wguó cwbi cK†i mevB w†j cwi[©]vi ivL†Z n†e | Z†e cK†i i cwbi Aek"B d†U†q ev Ab" †Kvb Dc††q (w†UwKwi w`†q, cwbi wēi ×KiY U've†j U w`†q) wēi × K†i cvb Ki†Z n†e |*

ibiv` cub, m`ubtUkb I `v`v`im nelqK ckyY gwDj

- **Rjvkq ev tWvev cwi`vi Kiv:** Mõti tWvev ev Rjvkq mevB wgtj cwi`vi ivLv | KviY Acwi`vi tWvev ev Rjvkq gkv-gwQ esk we`vi Kti |
- **gqjv ibi` RvqMq tdjr:** gqjv-AveRbv thLvfb tmLvfb bv tdjt wbi` RvqMq tdjtZ nte |
- **cwi`gZ gv`vq ivmivbK mvi I KxUvkk e`envi:** RvgtZ cwi`gZ gv`vq ivmivbK mvi I KxUvkk e`envi Kitz nte |
- **tWRs:** b`-b`x, Lvj -wej I Rjvkq tWRs Kitz nte |
- **MvQ j vMvZ:** cwi`tetki fvimvg` eRvq ivLvi Rb` tewk Kti MvQ j vMvZ nte |




mnvqK Z` 4.4

Kg`cwi Kivvi QK

ক্রমিক	কার্যক্রম	tgqv` Kvj	`wqZ;	c`qvRbvq mnvqZv

mnvqK Z` 4.5

wbtPi QtKi th tkvb GKwDZ ✓ wPy w` tq ckyY m`utK`Avcbvi AbfWZ cKvk Kip |

 fv`jv	 tgvUvgvU fv`jv	 fv`jv bv

mnvqKi Rb` ibt` Rbv

- eo GKwD tcv`vi tccvi ev eDdb tccvti QKwDK c`Z Ki ab |
- QKwD c`Y m`utK`AskMhYKvix` i fv`jvgZ AeMZ Ki ab |
- QKwDK ckyY Ktyi Ggb GKwD `vfb j vMvZ w` b thLvfb mlv`Qb` AskMhYKvix`MY QKwD c`Y myg nteb |
- cwi`vi Kti ejp GKRb AskMhYKvix` i agvI GKevi QtKi GKwD Nti ✓ wPy w` tq Zvi gZvgZ cKvk Kitz cvi`teb |
- QK c`Yi tytI Atb`i gZvgZ tbqv t`K weiZ `vKtZ ejp |
- c`qvRtb QKwD c`Y AskMhYKvix` i`K mnvqZv Ki ab |

Z`mჲ

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ტიკვი - ჰიკვი

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