

EUROPEAN COMMISSION



Ôeisj v‡`tk NWSO AIBj v `M Gj iKiq Riaix Lv` `` ibivcËv I
RxeKvqb mnqZiõcËtí i DcKvi†fWx` i Rb``

liki cwiPh®I cij uelqK cikyjY gWDj

RjB, 2011

KwiMix mnthwMZvq



19/13, evei tiW (ibPZj v),
eK-ue, tgvnv‡cij, XvKv-1207, evsj v‡`k /
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iki cñPhøI cñv vølqK cñkÿY gñDj

iki cñPhøI cñv vølqK cñkÿY gñDj

mweR ZEjeaib

*KvRx mñn`y i ngvb, ibivc`
tgvt KvBQvi ti Rfx, AKøvg-Rve*

Mëbv I m¤úv`bv

*bvi vqb Kgvi tfšigK
mgb Gm.Gg.G Bmj vg
nwmbr Av³vi ugZv
G.Gm.Gg.gvmÿjy nwmvb
%mq`v Zmbqv Bmj vg*

Dct`óv

Rvn` tnvtmb

gleyÜ

metki th KqU t'tki iki ii AcipZ teuk tfiM Zvi gta" eisj vt'k Ab"Zg/ Avgit' i t'tk Awi ki `kTKi tkI vt'k AcipZ tfiM iki i nvi Qj 68 kZsk/ 2007 mifj Gtm Zv `wvq kZKiv 41 ftiM/ 30 eQti i AwaKKyj mgq ati Acip i nvi KtqZQ gvi 27 kZsk/ A_P Acip `i Kivi Rb" RiwZmsN tNwlZ Omn -ta Dbqb j y"gviv Ablyqxi 2015 mifj i gta" G nvi 34 kZstk tbtg Avmt eej waR Y Kiv ntkQj / Ab"t'k Avgit' i t'tk ciiZ Nvq 3 Rb gv gvi hq MFRyj xb Rwlj Zvi KvitY; Gt' i AwaKvskB Mti gi / iki t'i Acip Ges MFRyj xb Rwlj Zvq givZgZz cib Kvi Y nj -t"tmev I cip mautK©Ab / mtPZbZvi Afie/ GKUzntPZb ntj B Avgiv iki t'i my" " ibiDZ KitZ cwi Ges gyqtq i cbheKv jxb Ges MFRyj xb gZztVKvtZ cwi / Gtjyt`i MZ gvbji i Lv" ibivcEi ibiDZ Kivi Rb" MpxZ eisj vt'k NAYSo AvBj v MZ Gj vKvq Riaix Lv" ibivcEi I RxeKvqb cikti i AvI Zvq 42,2520 cii evi tK 0cikyti wibgtq A_® cibtbi Rb" iki ciiPhPI cip wIqK cikyY giiNDj cibqb GKU ht_vchj c'tyc/ GB cikyY মডিউলটি সঠিকভাবে ব্যবহার করে উন্নয়ন কর্মসূচি আইলা আকস্ত জনগণকে gv I iki i hZel cip wIq mtPZb Kivi gva"tg GKU eo ai tYi Dbqb mgm" mgvarib fvgKv ivLtz myg nteb, cikvcik cikyti wibgtq A_cibtbi gva"tg G mKj `mi `MZ gvbji i Lv" ibivcEi ibiDZ nte/ cikyY giiNDj iU cibqtb i mgq GKB Z_ bZb Kti bv wj tl wifbamsMv Gi, metki Kti, tKvvi eisj vt'k, iK Gi wifbawgiiNDj t'k h_vh_ tidihi Y Gi gva"tg msKjb Kiv ntqZQ/ GQvor GB giiNDtj tek iKQzmgve xZv i tqtQ/ mgq Ges maut' i t'Zvi Rb" wIq, tji v Mfxi fute t'Lvi mjhM nqib/ dtj iKQzKQzmwKZ wIq Avtj vPbvq Avtmib/ gvV chiqi msik D`vni Y, Qwe/tcv vi /idePvUfdikKw©w" tq wIq, tji v nqtZv Avtiv tevMg" Kiv thZ/ Gme mkgve xZv mtEjl, Avkv Kvi, giiNDj iU iki ciiPhPI wIqU tevSvi tyt`i dj cib-fvgKv ivLtz mrg nte/

iki cwlPhP! cý wIqK cökýY gwDj

mPcT

côv bs

cökýtYi Dtlk"

cökýY cxwZ

cökýY DcKi Y

gj-wqb cxwZ

cökýY KgñPx

Añatekb 01: Lr" I cý

Añatekb 02: myg Lveri I Lr" wf'm

Añatekb 03: gwZ..l" I wki i hZæ

Añatekb 04: wki i cýKi Lveri

Z_ mF

gwIDj Gi Dtiik

GB cikY tkil AskMöYKvi MY liki cwiPhP I cij weIqK wbtae3 weIq, tjv ej tZ cvi teb I cij b Ki tZ Döy nteb-

- Lv` I cij mœutK®avi Yv;
- likii Acij Kvi Y;
- cij Afite likii kvi xii K ywZ I ti Mmgn;
- likii Acij `hKi tY Ki Yiq;
- myg Lv` i avi Yv;
- m-`I `vgx Lvewti i Zjvbvqj-K Avtj vPbv;
- Lv` vfm;
- Mf®Zx gvtqi SJK;
- Mf®Zx gvtqi hZæ
- cñZ gvtqi hZæ
- likii hZæ
- gvtqi etKi `g;
- likii evowZ Lvewi;
- cijgvb i jv Kti likii Lvewi c-Z Kiv|

cikyY cxwZ

cikY cxwZi gj- wfiE nte Gwë j wbs® cñmm Gi Abiyi Y hv wfP Kite wbtae3 weIq, tjvi Dcit

- AskMöYKvi xt i AwfÁZv weibgq Ges -vbxq Gj vKvi tcñZ weItePbv Kti ev- k wfiE K D`ni tYi DxwZ. t` I qv|
- thLytb mœe nwtZ-Kj tg A_ev Gj vKv cwi `kibi gva tg cikYi R` i Döy Kiv|
- cikYtYi Dtiik chtY GB gwIDtj Dtj LZ wfRgyvj tuibg vutUwi qvj eenvi Kiv|
- cikyYi mgqKij, AskMöYKvi xt i ai Y, cikyYi mœe` tfbÿ weItePbv Kti wKQyKvhRi AskMöYgj-K cxwZi mnvith` tKvm®U cwi Pvij Z nte| h_vt
 - Dbj® wPši
 - cikyDEi
 - e³Zv Avtj vPbv
 - cñk®
 - Dbj® Avtj vPbv
 - tQvU `tj Avtj vPbv
 - tRvov `tj Avtj vPbv
 - AwfÁZv weibgq

cikyY DcKiY

tcl÷vi tccvi /deikU, gvkA, mnwqK Z_-, gv I ikii -r-“ Ges cly weIqK dtkKwI weimim mnwqKv, wfckwI©gwm-þ tUc/wk wKc/ GB cikyY wbta®³ dtkKwI weimim mnwqKv eenvi Kiv thtZ cwti -

- 1/ *gv I ikii -r-“ Ges cly weIqK dtkKwI tmšn`©KgmPxi, tKqvi evsj vt`k*
- 2/ *nvl i Gj vKvi Aiz `wi `a RbtMvóxi Rb” -r-“, cwi "Obaz I cly tmerq weimim mnwqKv, dW wmkDwI U di `i Avéi clyi Bb `i nvl i wRqb (GdGmBDwC-GBP), tKqvi evsj vt`k*

gj-wqb cwlZ

- *tgšLK cikyDÉi*
- *chfeyY*
- *dj vdj wetki Y*
- *gw wglvi*

ıki cı PhPı cı wıqK cıkyıY gııDj

ıki cı PhPı cı wıqK cıkyıY gııDj

AskMöYKvi x- ðeısq vt` tk NııSo AvBj v `MZ Gj vKvq Rıaxx Lv` " bı vcEı I RıeKvqb mrıqZıı
 cıKtı i DcKvi tıMxe,`
 mgqKj - 12 NbUı
cıkyıY Kg@Pı

wem	mgq	wıq
cıg	3 NbUı	<p>Aıatekb-01: Lv` I cı</p> <p>1.1. Lv` I cı mıutK@avi Yı 1.2. ıki i Acı i Kvi Y 1.3. cı i Afıte ıki i kvi wi K yıZ I tıMmga 1.4. ıki i Acı `ıKı tıY Ki Yıq</p>
ıZıq	3 NbUı	<p>Aıatekb-02: mıg Lv` I Lv` vıfım</p> <p>2.1. mıg Lv` i avi Yı 2.2. mıg Lv` i Zıvbıgj-K Avıtj vPbı 2.3. Lv` vıfım 2.4. Lv` vıfım tgıt bı Pj vi Kvi tıY kvi wi K yıZmga</p>
ZZıq	3 NbUı	<p>Aıatekb-03: gıZ..ı.. I ıki i hZ</p> <p>3.1. Mf@Zı gıtqi SıK 3.2. Mf@Zı gıtqi hZ@ 3.3. cıwZ gıtqi hZ@ 3.4. ıki i hZ@</p>
PZıq [®]	3 NbUı	<p>Aıatekb-04: ıki i cıKi Lvı</p> <p>4.1. gıtqi ejKi `ı 4.2. ıki i evıwZ Lvı 4.3. cıgıb i ýıv Ktı ıki i Lvı cıZ Kiv 4.4. cıkyıY cieZPKg@CıKı bı 4.5. cıkyıY gjıvqb</p>

Awatekb 01 : Lv`" I cy

Avtj vP veIqe -ly

- 1.1. Lv`" I cy m¤útK¤avi Yv
- 1.2. lkii Acy i Kvi Y
- 1.3. cy i Afite lkii kvi xii K ywZ I ti wMgn
- 1.4. lkii Acy ` Hki tY Ki Yxq

Dtik" t

GB Awatekb tkil AskM¤YKvi MY Lv`" Kx, Lv`" i KvR, Lv`" i Dcv`vb, cy m¤útK¤avi Yv, lkii Acy i Kvi Ymgn Kx, cy i Afite lkii lk K kvi xii K ywZ I ti wMnq Ges lkii Acy ` Hki tY Ki Yxq veIq, tj v Kx tm m¤útK¤ej tZ I tm, tj v cy b Ki tZ cviteb/

CxwZ t

Dbj Psl, ckkD£i, cokB, `j xq Avtj vPbv/

cikkY DcKi Y t

tcr÷vi tccvi /idewkU, gvkA, tKvvi evsj vt`k Gi GdGmBDwC-GBP cikkY cikkZ nvl i Gj vKvi AwZ `mi `Rb#Mvori Rb" "r", cwi "QbaZv I cy tmevq weimim mnwqKv, gwbo tUc/WK lkC/

mgq t 3 N>Uv /

অধিবেশন পরিচালনা প্রক্রিয়া

lkLY chq	Awatekb পরিচালনা প্রক্রিয়া	mgq
1.1	<ul style="list-style-type: none"> • Awatekb AskM¤YKvi xt`i "MZ Rvbvb/ • AskM¤YKvi M¤Yi Kv¤Q 0Lv`" Kv¤ ckkKti Zv¤ i D£i tR¤b vbb, cikkR¤b tcr÷vi tccvi /idewkU vj Lbj/ AskM¤YKvi xt`i D£i cikkv¤tj tKv¤ gše" Kt¤b bv/ Gici Lv`" Kv¤K etj G m¤útK¤Zv¤t`i tK "Q avi Yv w'b/ (m¤e ntj AskM¤YKvi xt`i avi Yv m¤t_ vqij tq) • Gici 0Avgiv Lvivi tKb LvB¤ ckkKti AskM¤YKvi xt`i avi Yv msM¤ K¤b, cikkR¤b tcr÷vi tccvi /idewkU vj Lbj/ Gici Lv`" i KvR Zv¤ i tK m¤útK¤ "Q avi Yv w'b/ (m¤e ntj AskM¤YKvi xt`i avi Yv m¤t_ vqij tq) • gwDj t¤K wefb¤i tYi Lvivi i Qne ckkKti AskM¤YKvi MY Qne tZ lk tLz cvt"Q Rvb¤Z Pv¤/ Gfite Qne gva"tg wefb¤e Lvivi t`wLq 3 ai tYi (kw3`vqK, yqcjY I eyxKv¤K I ti wM cikkv¤vaK) Lvivi 6wU Dcv`vb e"vL¤ K¤b/ • AskM¤YKvi M¤Yi Kv¤Q 0cy Kv¤K etj 0 ckkKti Zv¤ i avi Yv tR¤b vbb/ Gici cy m¤útK¤ Zv¤ i tK "Q avi Yv w'b/ (m¤e ntj AskM¤YKvi xt`i avi Yv m¤t_ vqij tq) 	1 N>Uv

କି ଚିପ୍ହାଇ ଚିନ୍ତା କିମ୍ବା ଦିଲ୍ଲି

କିମ୍ବା ଚିନ୍ତା	ଆମେଶନ ପରିଚାଳନା ପ୍ରକିର୍ଣ୍ଣା	ମୁଦ୍ରା
1.2	<ul style="list-style-type: none"> • <i>tKqvi evsj vt`k Gi GdGmBDwC-GBP cKí cWZ nvl i Gj vKvi AwZ `wi `^RbMvóxi Rb` ^v~, cwi "Qbzv I cip tmevq wevwvw mnwqkv n̄Z Acip i wevfbvaiY weIqK wdcpvU^cikb Kiab, AskMbhYKvi xMY QneZ wK t`Ltz cif"Q RvbZ Pvb/ QneZ cWkZ tgwUv, cvZj v, tetU Ges iKtbv wki i m̄t ati RvbZ Pvb wki_tj vi gta" G ai_tYi cv_FK_i Kvi Y wK? AskMbhYKvi xt`i gZigZ msMbh tkI Acip i Kvi Y, tj v m̄utK^Zvt`itK ^~Q avi Yv w`b/ (m̄e ntj AskMbhYKvi xt`i avi Yvi mvt_ wgyj tq)</i> 	40 ମୁଦ୍ରା
1.3	<ul style="list-style-type: none"> • <i>Ocipi Afite wK nq0 tm m̄utK^cikbKti Zvt`i avi Yv tRtb wbb/ Gici cip i AfiteRwbZ mgm'v I tivMe^wa m̄utK^Zvt`itK ^~Q avi Yv w`b/ (m̄e ntj AskMbhYKvi xt`i avi Yvi mvt_ wgyj tq I ev`e mgm'v i Avtj vtK)</i> 	20 ମୁଦ୍ରା
1.4	<ul style="list-style-type: none"> • <i>AskKvi xt`i 4wU `tj fW Kiab/ ØAcip `iKtYi Dcvq KtW Zv wbRt`i `tj i gta" Avtj vPbv Kti eo `tj Dc^icbi Rb` ej ly/</i> • <i>`j xq KtRi Rb` mgq Ges ^ib wb^R Kiab/</i> • <i>দলীয় কাজ শেষে প্রত্যেক দলকে পর্যায়ক্রমে উপাস্থাপনের জন্য আহবান Rvbvb/</i> • <i>cWZwU `tj i Dc^icb tkI Ab^ib` j tK gZigZ cKtKi m̄t^wM w`b/</i> • <i>`j xq Avtj vPbv t_tK Acip `iKtYi Dcvq, tj v m̄bw^Ø Kiab/</i> • <i>Awatekbt th me weIq wbq Avtj vPbv ntqtQ Zvi mvi mst^c Ges gj-evZ^mgm Avtj vPbv i gva`tg m̄bw^Ø Kiab/</i> • <i>Avtj vP` weIq t_tK cikbKti wKLH hPvB Kiab/</i> • <i>wKLHmgm ev`et^t cip Mi Rb` cWZwU Ar`vq Ges ab`ev` Rwbq Awatekb tkI Kiab/</i> 	40 ମୁଦ୍ରା

Aiatek̄bi gjevZi

- *fij dm̄tj i Rb thgb m̄i c̄q̄Rb, tZgib iki i ejx i ejx i Rb c̄q̄Rb c̄p̄Ki L̄evi /*
- *gv̄qi Mf̄tK c̄p̄ eQi eq̄mi gtaB iki i f̄el Z bfp̄ Kti, Gmgq c̄p̄Ki L̄evi b̄ tctj f̄el tZ iki kvi K Ges ejx i K t̄tK `ḡ nq /*
- *mKj iki i Rb c̄Zi b 3 aitYi- k̄w̄vqK, q̄c̄i-YKvi x i ejxKvi K, Ges t̄iM c̄ZtivaK L̄evi c̄q̄Rb /*
- *Mf̄tK ḡi iki t̄tK teik Kti L̄evi t̄q̄ c̄q̄Rb /*

mnvqK Z_ - 1.1

[thLb t̄tK Z_ tbq̄ n̄tq̄Q-
*c̄p̄ i t̄t- i ari Yr Ges Avqgj-K Kt̄Ri c̄t̄Z, Avi Ggic, tKqvi evsj t̄k;
 Mn̄ A_BmZ eB, Aog t̄kYk;
 t̄t- i c̄p̄ P̄gj v, ēvK c̄v̄ej t̄KkY, 2005;
 beRvZtK i AZvek Kxq ciliPhP̄ P̄gj v, tmF v P̄j t̄Wb]*

Lv̄ K̄R

*Lv̄ Qvor Avgit̄ i Rxeb avi Y m̄e bq / ^ b̄b̄ b K̄RKg Ges Pj v̄tdi v K̄vi Rb mej, t̄iMḡ /
 m̄y' kixi c̄q̄Rb / m̄y' kixi eRvq i vLvi Rb Avgiv hv K̄OzL̄tq _m̄K ZvB Lv̄ / R̄t̄b̄ ci iki i
 c̄g Lv̄ gv̄qi `ḡ / eqm evori m̄t̄ m̄t̄ Zt̄K tL̄tZ nq b̄b̄v Lv̄ - fvZ, Wj, kvK-mewR, ḡQ,
 ḡsm, Wg BZ w̄ /*

Lt̄ i K̄R

- *kixi Mv̄b i ejx m̄ab Ges yqci-Y;*
- *kixi Zvckw̄^3 i KḡgZv thM̄tbr;*
- *kixi t̄iMḡ i vLvi;*
- *Am̄y' kixi t̄K Av̄t̄i M̄ j v̄f mnvqZv K̄vi /*

Lt̄ i Dcv̄ib

*Av̄gi v thme L̄evi Lv̄B tm̄ t̄j v̄K 3 fv̄M f̄M K̄vi hvq / thgb- k̄w̄vqK L̄evi, yqci-Y /
 ejxKvi K L̄evi / t̄iM c̄ZtivaK L̄evi /*



Qie: k̄w̄vqK L̄evi

Iki cni PhPI cij neIqK cikyY gndj



Qne: kixi eypKviK I ýqcíYKviK Lvevi



Qne: kixii tiim ciztivaKviK Lvevi

Z_ m̄f: beRlZtKi AZ̄ek̄Kiq cni PhP, nP̄gij v, tm̄f ^ v nPj tWb

G Lvevi , tj vi Averi 6 ai t̄Yi Dcv`vb i tqfQ/ thgb-

kKv RvZq Lvevi t kKv RvZq Lvevi kixti k̄w^3 thMvq I KvR Kivi qgZv evovq/ Avgit̄ i Lvevti i gta" kKvB c̄wb/ Pj, Mg, f, Avj yiglo Avj yib, o, nPov, gyo BZw` kKv RvZq Lvevi /



Qne: kKv RvZq Lvevi

Z_ m̄f: ^r^ I cjo nP̄gij v, e^vK cnevij tKkY, 2005

tZj ev t^a RvZq Lvevi t tZj ev t^a RvZq Lvevi kixti Zvc Drcv`b Kti I k̄w^3 thMvq/ mqweb tZj, mwi lvi tZj, nZtj i tZj, nN, gvlb, Wyj Wv, gvo-gistmi Pne® ev`rg BZw` t^a RvZq Lvevi /



Qne: t^a RvZq Lvevi

Z_ m̄f: ^r^ I cjo nP̄gij v, e^vK cnevij tKkY, 2005

Angl RvZiq Lvevi t Angl kixtii i ÞaqciY Kti I t`tni ejx NUvq| me i Ktgi gvQ, gisim, wlg, Wij , kg, kgeiR, ei enU, gUi i enU, Pbrev`vg, `g, cibi, Qvbr BZ`w` tZ Angl AvtQ|



Qne: Angl RvZiq Lvevi

Z _ mF: -r- | cip ñP̄guy v, eñvK cneñj tKKÝ, 2005

Lv`cÖ ev wFUnq RvZiq Lvevi t wFUnq kixi tK tivMi nVZ t_tK i Þv Kti, ZvB GtK ti M cñZti vaK Lvevi I ej v nq| newfbadverti newfbaei Kg wFUnq AvtQ, thgb- wFUnq ðGö, ðneð, ðnmö, ðnvö BZ`w` |



Qne: wFUnq RvZiq Lvevi

Z _ mF: -r- | cip ñP̄guy v, eñvK cneñj tKKÝ, 2005

K. wFUnq ðGö- mKj cíKvi Mvp meR i t0i kvK-meñR, nj y dj gj- thgb- MvRi, mgvóKgov cvKv tctc, cvKv Avg, Kvñj BZ`w` tZ cPz cwi givtY wFUnq ðGö AvtQ| GQvorl gj v I tXj v gvQ, gvQi tZj , Wtgi Kng, `g I gvLtb ht_ó cwi givtY wFUnq-G AvtQ|

wFUnq-ðGöi Afvte ivZKvbr tiM nq| Afve ciY bv ntj tivMx tkI chs/AÜ ntq thtZ cifti |

L. wFUnq ðneð- AtbK i Ktgi wFUnq ðneð AvtQ| Gt`i Afvte -wqek Aemv` , gvbwmK Aemv` , ñRnYvq I tVdUj tKvYvq Nv BZ`w` AtbK i Kg tiM t`Lv w` tZ ciFti | tXvKQvUv Puj , Wij , Aññi Z tQvj v, kvKmeñR BZ`w` tZ wFUnq ðneð cvI qv hvq |

M. wFUnq ðnmö- wFUnq wñ PgrovK gmY ivtL, `ñZi gmo gRež Kti, mw` ñKwñ bv ntZ mnvh- Kti | Mvp meR kvK-meñR I UK dtj cPz cwi givtY wFUnq ðnmö cvI qv hvq | wFUnq ðnmö Zitc bó ntq hvq | ZvB thme Lvevi KvñLvI qv hvq Zv KvñLvI qvi Afvñm Ktj teñk DcKvi cvI qv hvq | wFUnq ðnmö kixti Rgv_ntK bv ejtj cñZw` b wFUnq ðnmö-hjy Lvevi LvI qv cñqvrBb |

N. wFUnq ðnvö- kixtii i gRež Mvñbi Rb wFUnq ðnvö `i Kvi | GQvorl wFUnq ðnvö wi tKU bvñK nttoi tiM cñZti va Kti | eo gvQi tZtj wFUnq ðnvö AvtQ| `g I `g RvZiq Lverti wKQy wFUnq ðnvö cvI qv hvq | mñhP Avtj v t_tK kvñ³ mbtq givbly mbtRi kixti wFUnq ðnvö `Zwi Kti | ZvB cñZw` b wKQy tivt`i mbtP_wKv kixti i Rb DcKvi x|

LbR jeY t tj řn, Kvñlmqvg, dmduvm, AvtqñWb BZ`w` Dcv`vba t j vñK GK mñt_ LbR j eY ej v nq| kixti LbR j eñYi Afve ntj bvbr i Kg tiM t`Lv t`q|

tj Šn : tj Šni Afite kixti i 3vī Zv t`Lv t`q/ ikī I bixiv G tivtM teuk tfvtM/ KPkvK, jyj kvK, Kj v, Wg, gvQ, gvsm, Kyj Rv, o BZ`w` Lveiti tj Šn teuk _vtK/

Kyj m̄qvg : Kyj m̄qvtgi Afite nvo WkgZ MwZ nq bv/ nvtō e_v nq/ `vā bó ntq hvq/ Pž myi nq bv/ `g, Kwmn tQvU gvQ, Wg, kvK, tSvj v, o BZ`w` tZ Kyj m̄qvg AvtQ/ tQvU ikī, Mf@Zx I ejki `g LvI qvtbv gvtqf` i cōZw` b wKQyKyj m̄qvhgj Lvevi LvI qv DIPZ/

dmdim I cUmkqvg: dmdim Kyj m̄qvtgi mv_ vgyj Z ntq nvo I `vā Zi Zš' %Zi Ges Zv gRež Kti | kKp̄i Ges PneqecitK m̄nvh` Kti kixti Zic I kiv³ Drcv`b Kti | gvQ, gvsm, `g, Wg, cibi, ev`vg, Wj Ges `vbi RvZxq Lv` ```e" dmdivtmi Drm/ cUmkqvg gvsmckx eixi Rb` cōgvRb/ GuU tckxi `vfeK bovPor eRvq i vtL/

Avtqvwlb : Lveiti Avtqvwlb Afive ntj Mj Mū ev NvM tivM nq/ Mf@Zx gvtqi Avtqvwlb Afive ntj Kg eymaúbæv gvbumK cōzeÚx ikī i Rbvtq/ Avi eq`d`i tejvq eixi veKvk NtU bv Ges eixi tjvc cvq/ vgyj K gvQ, tcqjR, imly I kvK-mewRtZ Avtqvwlb AvtQ/ wKš'thLvbKvi gwUtz (thgb Pi AĀj) Avtqvwlb tbB tmLvbtbi Lv` ```e" Avtqvwlb _vtK bv/ Avtqvwlbhj j eY tLtj Avtqvwlb Afive ciY nq/



Qne: LubR jeY RvZxq Lvevi

Z_ "m̄f: ```r" I cōwP̄gij v, eivK cvevj tKkY, 2005

cwb : wtb AšZ 10 - 12 Mm cwb LvI qv `i Kvi | KviY cwbci Aci bvg Rxeb/ cwb Avgit`i mtZR ivtL/ wKš'Lvevi cwb Aek'B wbivc` ntZ nte/ mvavi YZ wDeitqj, eipó, wGmGd, tiBb I qvUvi nvtfP̄s cwb Gi cwb wbivc`/ GQvor cktzi cwb dtitq ev Ab"b" cwb vei×KiY cxwZtZ wbivc` Kiv hvq/

cñy mñútK©aviYv

Lverti i th „Yv, Y Avgit`i tetP _vKvi Rb“, Pj vñdiv Ges neifbaeti M-eyj vB t_ñK i ýv cvl qui Rb“ i Kvi ZvB cñp| Avi th mKj Lverti i „tY Avgit`i kixi mý, mej Ges ti Mgþ _vñK tm mKj Lverti tK cñpKi Lveri etj | AtbtKi avi Yv i ay` vx Lverti cñpgvb teik _vñK| Avmtj Zv bq, me Lverti B cñp AvtQ| tZj Qrov thgb Mñoi BñÄb Ptj bv, tZgib cñp Qrov “r” fuj _vñK bv| ZvB “r” fuj i Lvi Rb“ mevBtKB cñpKi Lveri tLñZ nte|



One: neifbaetiYi cñpKi Lveri

Z_“mñ: “r” | cñp nPñgyj v, eñvK cñewj tKkÝ, 2005

mñvqK Z_” - 1.2

[thme gñWDj t_#K Z_” tbqv n‡q‡Q-
cý I “#”i ari Yí Ges Añqgj-K KñtRi cññZ, AñGñc, tKqvi eñsj v‡`k]

Acyí KviY

hví v tcUcýí wZbtej v tLtz cñq bv tKej ZvívB cñónxbZíq tfñtM Ggb bq, eis hví v abvX” ZvívI
cý Áñtbi Afñte Acýí wKvi n‡q _v‡K| Acýí cñw KviY, t‡j v nj -

- Lv” Ges cý m‡ú‡KññWñK avi Yí bv _vKr;
- cñi gñY gZ tLtz bv cñv v;
- cñi ewi K ch‡q Amg Lv” eñUb;
- mgg Z bv Lvi qv;
- Av‡qññbhñ Lvevi bv Lvi qv;
- Acý gñtqi mšib mñavi YZ Acý nq;
- Nb Nb mšib tbI qv;
- AtbK tÿtÍ gñivZK Am‡Li Kvi tY (nvg, Wqññ qv, Avgñkq, UvBd‡qW BZññ) Acý t`Lv
t`q|

mñvqK Z_” - 1.3

[thme gñWDj t_#K Z_” tbqv n‡q‡Q-
cý I “#”i ari Yí Ges Añqgj-K KñtRi cññZ, AñGñc, tKqvi eñsj v‡`k]

cýí AfñeRibZ jÿYmgn I tññmgn

- kixi wKgZ ev‡o bv;
- lRb K‡g hvq;
- wKgZ gñbññK neKñk nq bv;
- wKgZ eñx i neKñk nq bv;
- Mf@Zx gv I wKii n‡Z cñtq cñw Avñm;
- kixi nwCñvi n‡q hvq;
- KvR Kivi ýgZv K‡g hvq;
- g‡b ivLvi ýgZv K‡g hvq, eñx wKgZ ev‡o bv;
- i³ “fZv t`Lv t`q (eñx aodo K‡i, Aí cñi kñg n‡ctq D‡V, tPñtLi cñZvI wb‡Pi Ask
mv` v‡U n‡q hvq);
- Pvgor LmL‡m n‡q hvq, P‡ iæÿ I j vj tP n‡q hvq;
- ivZ Kvbr I AÜZi tññM nq (ivtZ t`Ltz cñq bv, tNvij v‡U tPñL, tPñtL i®fve Avñm);
- Mj MÛ tññM nq (Mj v d‡j hvq);
- gy ev tVñtUi tKvYvq Nv nq;

- -ññfønq;
- tKvqñkqiKi ev Mv tñv j v tñM nq;
- gñvivmgvm ev nñCmvi tñM nq;
- kixñi tñM cñZtiva ýgZv Ktq hñq |

mnñqK Z_” - 1.4

[thme gñWDj t_tK Z_” tbqv ntqñ0-
cy I -ññt”i ari Yv Ges Añqgj-K KvñRi cññZ, Avi Ggnç, tKqvi evsj vñ`k]

iki i Acy `ñKtñY KiYq

- nbqñgZfvte Lvevi MñY Kiv;
- kixñi ýqciY, kññ3 cñl qv Ges tñM cñZtivai j tñy” myg Lvevi Lñl qv;
- cñigvY gZ Lvevi Lñl qv;
- MfñZx gv I ñki tñK teñk Ktq Lvevi t`qv;
- ñki i Qq gvm eqñm evonZ Lvevi t`l qv;
- ñki tñK 2 eQi eqm chñnbqñgZ gvtqi ejKi `g Lñl qvtbr;
- ñki tñK cññZ b 3 ai tñYi (kññ3`vqK, ýqciY I eñxKviK, Ges tñM cñZtivaK) Lveti AfññKiv;
- Añqññbhÿ j eY Lñl qv;
- Acy i Afññte kixñi tKvb tñM t`Lv vñtj ñPñKrmv Kivtbr I mñt_ cyñKi Lvevi teñk cñigvñY MñY Kiv;
- Lñt”i , Ygib i ýv Ktq Lvevi cññZ Kiv |

Awatekb 02 : myg Lvevi I Lv` vFim

Avtj vP w*l*qe -*y*

- 2.1. *myg Lv` i avi Yv*
- 2.2. *m`i I `vgx Lvevi i Zjvbv*gj*-K Avtj vPbv*
- 2.3. *Lv` i ,Ygvb i jyi Kivi Rb` Ki Yxq*
- 2.4. *Lv` vFim*

D*t**IK* t

GB Awatekb tk*t*l AskM*h*YKvi *M*Y- *myg Lv` i avi Yv, m`i I `vgx Lvevi i Zjvbv*gj*-K Avtj vPbv, Lv` i ,YMZ gib i *¶v Kivi Dc*v*q Ges Lv` vFim m*u*t*K**e*j t*Z* I c*y* b Ki t*Z* myg n*te*b/**

Cx*W* t

*c*k**e*D*E*i, Db*Y* w*P**S*i, t*L**j* l, c*o**k**θ*, `j xq Avtj vPbv/*

c*k**¶**Y Dc*K*i Y* t

*t*c*v*÷*v*t*i w*Z*b i t*0* Av*K*v*P*v*K*v, t*c*v*÷*v*i* t*c**c*v*i* /*de**W**k**U*, g*v**K**¶*, g*w**~**b* t*U**c*/*W**K* *W**C*/*

mgq t 3 N*l*U*v*/

অধিবেশন পরিচালনা প্রক্রিয়া

<i>WLY ch<i>q</i></i>	<i>Awatekb</i> পরিচালনা প্রক্রিয়া	<i>mgq</i>
2.1	<ul style="list-style-type: none"> • Awatekb<i>bi i i t<i>0</i> AskM<i>h</i>YKvi x<i>t</i>`i -<i>M</i>Z Rvbvb/ K<i>k</i><i>j</i> w` w<i>l</i>bq<i>q</i> K<i>i</i><i>a</i><i>b</i> Ges <i>WLY</i> D<i>c</i><i>t</i><i>h</i><i>M</i>x c<i>w</i><i>t</i><i>e</i>k <i>Z</i><i>w</i> K<i>i</i><i>a</i><i>b</i>/</i> • c<i>k</i><i>e</i><i>k</i><i>t</i><i>i</i> Av<i>t</i><i>M</i>i w`<i>t</i><i>b</i>i Awatekb<i>bi w<i>l</i>q i WLY m<i>u</i>t<i>K</i><i>R</i><i>b</i><i>t</i><i>Z</i> P<i>b</i>/ AskM<i>h</i>YKvi x<i>t</i>`i g<i>Z</i><i>g</i><i>Z</i> I Av<i>t</i><i>j</i> v<i>P</i><i>b</i><i>v</i> g<i>v</i><i>a</i><i>t</i><i>g</i> <i>WLY</i><i>mg</i><i>n</i> <i>ú</i><i>o</i> K<i>i</i><i>a</i><i>b</i>/</i> • AskM<i>h</i>YKvi x<i>t</i>`i t<i>K</i> G<i>K</i><i>W</i><i>U</i> t<i>L</i><i>j</i> q<i>Ask w<i>l</i>t<i>Z</i> A<i>vg</i><i>š</i><i>Y</i> Rvbvb/</i> • c<i>t</i><i>e</i><i>As</i><i>K</i><i>b</i><i>K</i><i>Z</i> w<i>Z</i><i>b</i> i t<i>0</i> <i>P</i><i>v</i><i>K</i><i>v</i> t<i>c</i><i>v</i><i>÷</i>v<i>i</i> m<i>evi</i> m<i>vg</i><i>t</i><i>b</i> g<i>w</i><i>l</i><i>t</i><i>Z</i> c<i>o</i><i>k</i><i>θ</i> K<i>i</i><i>a</i><i>b</i>/ • Ge<i>v</i> i <i>Z</i><i>t</i>`i t<i>K</i> P<i>v</i><i>K</i><i>v</i> Av<i>K</i>v<i>t<i>c</i>v<i>÷</i>v<i>i</i> 3 a<i>t</i><i>Y</i>i is Gi m<i>u</i><i>t</i><i>_c</i><i>w</i><i>P</i><i>q</i> K<i>t</i><i>i</i> w<i>b</i>, thgb- j<i>y</i>, n<i>j</i> y<i>l</i> me<i>R</i> Ni /</i> • G<i>i</i><i>c</i> i <i>Z</i><i>t</i>`i K<i>v</i><i>t</i><i>Q</i> R<i>v</i><i>b</i><i>t</i><i>Z</i> P<i>b</i><i>v</i> P<i>v</i><i>K</i><i>W</i><i>U</i> <i>W</i><i>K</i> P<i>j</i> t<i>e</i>? D<i>E</i>i A<i>vm</i><i>t</i><i>e</i> P<i>v</i><i>K</i><i>W</i><i>U</i> P<i>j</i> t<i>e</i>/ • Ge<i>v</i> P<i>v</i><i>K</i><i>v</i> t<i>h</i><i>t</i><i>K</i><i>b</i> G<i>K</i><i>W</i><i>U</i> i <i>s</i> m<i>w</i><i>i</i> t<i>q</i> w<i>b</i> Ges e<i>j</i> y<i>h</i><i>W</i> P<i>v</i><i>K</i><i>v</i> G<i>K</i><i>W</i><i>U</i> Ask b<i>v</i> _<i>v</i><i>t</i><i>K</i> Z<i>int</i><i>j</i> <i>W</i><i>K</i> n<i>te</i>? D<i>E</i>i A<i>vm</i><i>t</i><i>e</i> P<i>v</i><i>K</i><i>v</i> P<i>j</i> t<i>e</i> b<i>v</i>/ • Ge<i>v</i> Z<i>t</i>`i t<i>K</i> e<i>j</i> y<i>g</i><i>st</i><i>q</i> e<i>j</i> y<i>c</i><i>o</i><i>Z</i><i>~</i><i>b</i> A<i>vg</i><i>t</i><i>i</i> k<i>x</i><i>t</i><i>i</i> 3 a<i>t</i><i>Y</i>i (k<i>W</i>³<i>v</i><i>q</i><i>K</i>, j<i>qc</i><i>t</i><i>Y</i><i>K</i><i>v</i><i>x</i> i e<i>j</i><i>x</i><i>K</i><i>v</i> Ges t<i>i</i><i>v</i><i>M</i> c<i>o</i><i>Z</i><i>t</i><i>i</i><i>a</i><i>K</i><i>v</i><i>i</i>) L<i>vevi</i><i>i</i> c<i>o</i><i>q</i><i>R</i><i>b</i>/ <i>W</i><i>K</i><i>š</i> Gi g<i>ta</i><i>”</i> h<i>W</i> G<i>K</i> c<i>K</i><i>v</i><i>i</i> L<i>vevi</i> b<i>v</i> L<i>v</i><i>b</i> Z<i>t</i><i>e</i> k<i>x</i><i>t</i><i>i</i> <i>W</i><i>K</i> A<i>mg</i><i>eav</i> n<i>te</i> Z<i>v</i> Z<i>t</i>`i K<i>v</i><i>Q</i> t<i>t</i><i>K</i> R<i>v</i><i>b</i><i>ly</i> Ges e<i>j</i> y<i>P</i><i>v</i><i>K</i><i>v</i> G<i>K</i><i>W</i><i>U</i> Ask e<i>v</i> w<i>t</i><i>j</i> thgb P<i>v</i><i>K</i><i>v</i> P<i>j</i> t<i>e</i> b<i>v</i>, t<i>Z</i><i>g</i><i>b</i> t<i>K</i><i>b</i> G<i>K</i> a<i>t</i><i>Y</i> L<i>vevi</i> e<i>v</i> w<i>t</i><i>j</i> A<i>vg</i><i>t</i><i>i</i> k<i>x</i><i>i</i> 	30 w <i>l</i> <i>ib</i> <i>U</i> 1 N <i>l</i> U <i>v</i>

କି ଚିପ୍ହପୀ ଚି ମେଲକ ଚିକ୍କ୍ୟୁ ଗନ୍ଧି

ମାତ୍ରା ଶବ୍ଦ	ଅନ୍ତେକ୍ବ ପରିଚାଳନା ପ୍ରକିର୍ଣ୍ଣା	ମାତ୍ରା
	<p>Pj te bv/</p> <ul style="list-style-type: none"> • metk̄l c̄Z̄b mevBt̄K 3 aīYi L̄evi L̄l q̄i c̄v̄gk̄b/ 	
2.2	<ul style="list-style-type: none"> • AskM̄YKvi x̄ īt̄K m̄-̄I `vgx̄ B̄ aīYi c̄ȳKi L̄evi ī Q̄e c̄t̄K̄ K̄iab/ • Gici c̄v̄k̄v̄m̄k̄ c̄m̄k̄ GKB c̄ȳ ḡbm̄-̄ub̄e Q̄e t̄_t̄K m̄-̄I `vgx̄ L̄evi ,t̄j vi , YMZ ḡb̄ m̄b̄t̄q Z̄j b̄v̄gj̄-K̄ Ait̄j vPb̄v̄ K̄iab/ • GKB aīYi `vgx̄ L̄evi bv t̄L̄t̄q c̄v̄t̄k̄ c̄m̄k̄ m̄-̄I L̄evi t̄L̄t̄j `vgx̄ L̄evi ī mḡb Dc̄K̄iB Avgiv t̄ct̄Z c̄m̄i tm̄ m̄elq̄U Ait̄j vPb̄v̄ K̄iab/ • metk̄l c̄Z̄b c̄ȳKi L̄evi L̄l q̄i c̄v̄gk̄b/ 	30 ମାତ୍ରା
2.3	<ul style="list-style-type: none"> • Ait̄j vPb̄v̄ ḡāt̄g L̄v̄ , Y īȳi Rb̄ Ki Yiq m̄ūt̄K̄Z̄ īt̄K -̄Q̄ avi Yv̄ w̄b/ 	15 ମାତ୍ରା
2.4	<ul style="list-style-type: none"> • AskM̄YKvi x̄ īt̄K 2m̄U `t̄j f̄M̄ K̄iab/ GK̄U j̄t̄K m̄b̄q̄ bv t̄gt̄b L̄evi L̄l q̄i K̄ej Ges Aci `j̄t̄K m̄b̄q̄ t̄gt̄b L̄evi L̄l q̄i mḡj̄ m̄ūt̄K̄`j̄ x̄qf̄t̄e Ait̄j vPb̄v̄ K̄i Dc̄-̄v̄cb̄ K̄i t̄Z ēj̄ ȳ/ • AskM̄YKvi x̄ īt̄K `j̄ x̄q Ait̄j vPb̄v̄ -̄b̄ I mḡq̄ m̄bāt̄Y K̄i w̄b/ • m̄bāt̄i Z mḡq̄ t̄k̄l c̄Z̄U `j̄t̄K Dc̄-̄v̄cb̄i (tḡš̄L̄K̄f̄t̄e) Rb̄ Avgš̄Y R̄ib̄b/ • AskM̄YKvi x̄ ī Dc̄-̄v̄cb̄ t̄_t̄K m̄b̄q̄ t̄gt̄b L̄evi bv L̄l q̄i Ges m̄b̄q̄ t̄gt̄b L̄l q̄i m̄yēav̄ Amēav̄ m̄b̄t̄q Ait̄j vPb̄v̄ K̄iab/ • Ait̄ek̄tb̄ th me m̄elq̄ m̄b̄t̄q Ait̄j vPb̄v̄ nt̄qt̄Q Zvi m̄imst̄t̄c̄ Ges gj̄-̄ev̄Z̄m̄gn̄ Ait̄j vPb̄v̄ ḡāt̄g m̄ȳw̄t̄ K̄iab/ • Ait̄j vP̄ m̄elq̄ t̄_t̄K c̄k̄āK̄i m̄k̄LY h̄v̄P̄b̄ K̄iab/ • m̄k̄LYm̄gn̄ ev̄-̄et̄t̄t̄i c̄q̄t̄Mi Rb̄ c̄Z̄k̄āZ̄ Av̄`q̄ Ges ab̄ev̄` R̄mb̄t̄q Ait̄ek̄b̄ t̄k̄ K̄iab/ 	15 ମାତ୍ରା

Anatek̄bi gjevZi

- th Lvev̄ti kix̄ti i ÿqci-Y, eñxmwab I tiñM cñZtiva nq Ges kññ3 cñl qv hvq ZñB myg Lvevi |
- myg Lvevi gyb `vgx Lvevi bq, Avgiv Avgit`i Pricvk t_tK mnñR mñq myg Lvevi tctZ cññi |
- Lvev̄ti ñt`i tPq cñj cñqñRb teñk; ñt`i Lvevi Zñi KitZ thq Avgiv Lvev̄ti i cñj bñ Kie bñl

mnñqK Z_ - 2.1

[thme gñWDj t_tK Z_ tbqñ ntqñQ-
cñj I ñt`i avi Yv Ges Avggj-K KitRi cññZ, Avi Ggnç, tKqvi evsj vñ`k;
gv I nñkii ñr` i ýv, grVkgñmnñqKv, cññevi cññKí bñ Aññ`ñi]

myg Lv` i avi Yv

th Lv` cññZtbi kvññi K Pññ`v Abñyqñ neñfbæcKvi cñj Dci`vb (tkZmvi, Avgl, tññ, wñUngb, LñbR j eY I cññb) A_ññ kññ3`vqK, ýqci-Y I eñxKvi K I tiñM cñZtivaK Lvevi cññngZ cññgvY ne`gvb _vñK ZñtK myg Lv` etj | my, mej, myi I bxññM Rxeb jvf Kivi Rb` myg Lvevi MññY Kivi neIqñLg Riaññ| Zte kix̄ti i cñj Pññ`v wñfP Kti eqm, wñ½, %ññK Kvñtgv, %ññK Ae`v, kñgi gvñv GB neIq, tñj vi Dci | A_ññ nñkii, nñKtivi, wñbgRy, Wññvi, wñKkvñpñj K BZññ` tckvi gwññj i myg Lv` i cññgvY GK nñe bñ neñfbæeqm I tñtni neñfbæAe`vq cñj Pññ`v wñfbñv t`Lv hvq, thgb- `kktei Lv` Zñj Kñq t`n eñxi Rb` Avgl, wñUngb I LñbR j eñYi cñqñRbxqZv teñk| Añevi cññ eqñm ýqci-Y I i ýYñteyñYi Rb` LñbR j eY, wñUngb I cññbi , iñZj teñk| exñt`i Lv` Zñj Kñq teñk , iñZj wñtZ nñe tiñM cñZtiva, t`n wñqñY i ýYñteyñYi Rb` wñUngb, LñbR j eY I cññb BZññ` Lv` Dci`vb, tñj vi |

myg Lv` cññqtb j ýYñq neIq

- tñtni Pññ`v Abñyqñ Lv` Zñj Kñ cññqb Ki tZ nñe;
- Lv` i 6ññ Dci`vb ne`gvb _vñKte;
- Dci`vb, tñj v cññngZ cññgvY _vñKte;
- tgññgñx kvññR-mññR I dj-gj- wñtq Lv` cññZ Ki tZ nñe | tgññgñx Lv` ZñRv I UññKv eñj DñPgñbññúbññq;
- evRñti mnñR cñl qv hvq, mñl Ges cññgvb mñúbaññfbññLvevi wñtq myg Lv` Zñj Kñ cññqb Ki tZ nñe |



Оде: мјг Lv^{..}

Z^{..} m̄t: гу I икii i -т- i ји, гуKgu^{mnwqKv}, сиеви си Kí бу Ана`Bi

mnwqK Z^{..} - 2.2

[thme гуW Dj t_tK Z^{..} tbqv n tqtQ-
сјо I -т- i avi Yv Ges Aqqj-K KvтRi cтWZ, Avi Ggic, tKqj i eisj vt`k]

m-тI `vgx Lvetii i Zjibuj-K Aтj вРв

Avgi^v AтbтKB gtb Kiⁱ сјоKi Lvetii i `vg teш/ иKš' Avgi^t i GB avi YwU tgvtUB иK bq/
иbтPi ОneтZ Avgi^v GKB сјоgib m^xubæ`vgx I m-тLveti t`LтZ cWQ/ GKB ai tYi `vgx Lveti бу
tLтq Avgi^v h^w cтk cтWZ m-т`vти Lveti ,tj v LтB Zntj `vgx Lvetii mgib DcKvi B Avgi^v
tcтZ си /

ରଗ୍ରି ଲିଭି

ମିନ୍ଟି ଲିଭି



***mnuqK Z_* - 2.3**

[thme g^wDj t_{_}tK Z_ tbq n_tq_tQ-
gv I *ikii -r-* Ges c^y weIqK d^wK^wtmšn`^wKg^wP^x, tKqvi e_vs_j v_tk]

Lv^ti Ygib i^wKivi Rb^wKiYq

- *te^wk Zv^tc At^wK^yY a_ti kvK-me^wR I Zwi Zi Kvi x i^wb^wKi_tj wfUwgb e^wj v_tk b_o n_tq hvq/*
- *tX_tK i^wb^wb^wKi_tj me^wR kvK-me^wR I Zwi Zi Kvi xi Lv^wg^wb At^wKUwB b_o n_tq hvq/*
- *c^wg^wY gZ tZj w_tq kvK-me^wR i^wb^wKi_tj Lv^wg^wb e^wt_o I Zv mn^wRB k_ix_i M^wY KitZ c_ti/*
- *kvK-me^wR KvUvi Av^wMB a_tq w_tZ n_te Ges hZUv m^weo eo eo UK_ti v_tK_ti KvU_tZ n_te, Zv_tZ Lv^ti Yv_tY eRvq _v_tK/*
- *Lvevi Mi_tg _v^wK^wAe^wt^wZB c^witekb Ki_tZ n_te/*
- *Lvevi Aek^wB fij f_te tX_tK i^wL_tZ n_te, hv_tZ gkv-g^wQ, ajvewij I weifbaeti^wMRxeiYy w_tk_tZ bv c_ti/*
- *i^wb^wI Lv^tqvi Rb^wwbivc^w c^wb e^wenvi Ki_tZ n_te/*
- *Lvevi memgq c^wi^wvi _v_tj v evU_tZ c^witekb Ki_tZ n_te/*
- *Mf^wZx I ^wX^wvbKvi x gv Ges ikii c^yo_t P^wvn`v Ab_tnti Lvevi e^wUb Ki_tZ n_te/*
- *Av^wq^wWbh^w j e_tYi c^witKU fij f_te K^wP^wi/g^wUi/c^w÷^wKi c^wit^wK^w tX_tK i^wL_tZ n_te/ Av^wq^wWbh^w j e_tY P_tvi c_tk i^wL_tj Av^wq^wWtbi Yv_tY b_o n_tq hvq/*

***mnuqK Z_* - 2.4**

[thme g^wDj t_{_}tK Z_ tbq n_tq_tQ-
c^yo_t I ^wr^w-i av_tYi Ges Aiqgj^wK Kt_tRi c^wit^wZ, Av_tG^wC, tKqvi e_vs_j v_tk;
Rx_tb ^wZigj^wK c^wit^wY g^wDj, wiK]

Lv^wvfim

Lvevi Lv^tqvi Af^wim A^wfr Lv^wvfim Ges wbqgKvbl^w Avgit^wi kix_ti i Rb^wL_ty Ria_tx^wGKwUweIq/ Lv^wvfim tg_tb Pj_tZ n_tj Avgit^wi_tK wb^wq_tL_tZ weIq_tj v WKF_te tg_tb Pj_tZ `i Kvi -

- *mgqgZ Lvevi M^wY Kiv;*
- *te^wk^yY Lv_tj tc_tU bv v_tKv;*
- *myg Lvevi Lv^tqvi;*
- *thme Lvevi tL_tj et^wK ev tc_tU e^w_v ev e_tK R_tj v K_ti tmme Lvevi bv Lv^tqvi;*
- *nvj Kv Mi_tg I UvUKv Lvevi Lv^tqvi;*
- *c^wV, evm^w Lvevi bv Lv^tqvi;*
- *%wbK ch^wB c^wb Lv^tqvi (10-12 Min);*
- *mKv_tj Lv_tj tc_tU Kt_tqK M^wm c^wb Lv^tqvi/*

Lv` vF'v m tgþb bv Pj vi KviþY kvi wi K ývZmgn

Lv` vF'v m tgþb bv Pj þj A_þr ^ibK Lvevi LvI qvi ibqgKibþy tgþb bv Pj þj Mñw÷K ntZ cñþi / GB Mñw÷K t_þK aþi aþi Avj mvi I ntZ cñþi / Mñw÷þKi j ýY, þj v nt"Q-

- tcU I eþRij v Ki v;
- gþL UK UK fve Avmv;
- eñg fve Avmv ev eñg nI qv;
- Lvevþi Ai aP nI qv;
- tcþUi gþSLvþb e_ v I Dci w þK PvC mþó /

GþyþtI KiYiq

- mgqgZ Lvevi MþY;
- teþk mgq tcU Lvþj bv iþLv;
- mþg Lvevi LvI qv;
- eñm Lvevi bv LvI qv;
- teþk gmj v, Sþj I þZj RvZxq Lvevi Kg LvI qv;
- cþz cñb LvI qv Ges mKvþj Lvþj tcþU KþqK Mñm cñb LvI qv;
- WÛv `þ LvI qv;
- tcþc LvI qv;
- Wv³vþi i mþ_ thWvþhW Kiv;
- Mñw÷K ntj tmvW LvI qv GþKevþiB WK bq, GþZ ývZ nq /

Ariatekb 03 : gwZ.-.I.-' I lik ii hZæ

Avtj iP' weIqe -'t

- 3.1. Mf@Zx gw@qi S~~K~~
- 3.2. Mf@Zx gw@qi hZæ
- 3.3. c@h@Z gw@qi hZæ
- 3.4. lik ii hZæ
- 3.5. lik i tK wUKv`vb

Df@k'' t

GB Ariatekb tk@l AskM@YKvi wMY- Mf@Zx gw@qi S~~K~~ I wec`wPý Ges S~~K~~cY@MtfP Kvi Y, Mf@Zx gw@qi hZæ Mf@Zx gw@qi cy I Lveri, Mf@Zx gw@qi i 3ví Zv mgm@i mgvar@b Ki Yq, Mf@Zx gw@qi c@he cwi Kí b@, c@h@Z gw@qi hZæ `y`vbKvi x gw@qi cy I Lveri, beRvZK lik ii hZæ weIqmgr ej tZ I cy b KitZ cwi teb/

CxwZ t

c@kD, wetk@l Y, D@b@P@S@, Avtj iPbv, tRvor `tj Avtj iPbv/

cik@Y DcKiY t

gv I lik ii -r- Ges cy weIqK d@k K@W@tcr@vi tccvi /idc@ku, gvK@, gw-b tUc/WK wKe, wj wLZ tcr@vi tccvi /

mgq t 3 N>Uv/

অধিবেশন পরিচালনা প্রক্রিয়া

likLY ch@q	Ariatekb পরিচালনা প্রক্রিয়া	mgq
3.1	<ul style="list-style-type: none"> • Ariatekb@bi i i@Z AskM@YKvi x`i -wMZ Rvb@b/ Kkj w webgq K@b Ges likLY Dc@h@Mx cwi tek Zw@ K@b/ • c@e K@i AvtMi w@tbi Ariatekb@bi weIq I likLY m@utK@ Rvb@Z Pv@/ AskM@YKvi x`i gZvgZ I Avtj iPbv gva@tg likLYmg@ -uó K@b/ • Mf@Zx gw@qi SK weIqK d@k K@W@c@kD K@b, AskM@YKvi wMY Qwe@Z wK t`L@Z c@t@Q Rvb@Z Pv@/ G@t@e Qwe gva@tg Mf@Zx gw@qi SK, wec`wPý Ges Mf@SK Kvi Y, t@r e@L@v K@b/ • c@q@R@t@b Mf@Zx gv tKv_vq tmev tctZ c@t@b tm m@utK@avi Yv w@b/ 	30 wgbU
3.2	<ul style="list-style-type: none"> • Mf@Zx gv I K@wLZ lik ii m@vZvi Rb wK wK weIq hZ@t@bI qv c@q@Rb tm m@utK@ c@k@K@i c@Z@K AskM@YKvi x@i KvQ t@_t@K GK@U K@i ctq@U msM@ K@b/ • Gici Mf@Zx gw@qi hZæ weIqK d@k K@W@c@kD K@b, AskM@YKvi wMY Qwe@Z wK 	20 wgbU

ମାତ୍ରିକ ଚାରି	ମାତ୍ରିକ ପରିଚାଳନା ପ୍ରକର୍ଣ୍ଣା	ମାତ୍ରା
	<p>ତାତ୍ତ୍ଵିକ ଚାରି ପରିପ୍ରେକ୍ଷଣ ଏବଂ ପରିଚାଳନା ପ୍ରକର୍ଣ୍ଣା</p> <ul style="list-style-type: none"> Askମାତ୍ରିକ ଚାରି ପରିପ୍ରେକ୍ଷଣ ଏବଂ ପରିଚାଳନା ପ୍ରକର୍ଣ୍ଣା Gici ଆତ୍ମିକ ପରିପ୍ରେକ୍ଷଣ ଏବଂ ପରିଚାଳନା ପ୍ରକର୍ଣ୍ଣା 	
3.3	<ul style="list-style-type: none"> cାରି ଚାରି ପରିପ୍ରେକ୍ଷଣ ଏବଂ ପରିଚାଳନା ପ୍ରକର୍ଣ୍ଣା Askମାତ୍ରିକ ଚାରି ପରିପ୍ରେକ୍ଷଣ ଏବଂ ପରିଚାଳନା ପ୍ରକର୍ଣ୍ଣା 	
3.4.	<ul style="list-style-type: none"> Askମାତ୍ରିକ ଚାରି ପରିପ୍ରେକ୍ଷଣ ଏବଂ ପରିଚାଳନା ପ୍ରକର୍ଣ୍ଣା cାରି ଚାରି ପରିପ୍ରେକ୍ଷଣ ଏବଂ ପରିଚାଳନା ପ୍ରକର୍ଣ୍ଣା Gici ଆତ୍ମିକ ଚାରି ପରିପ୍ରେକ୍ଷଣ ଏବଂ ପରିଚାଳନା ପ୍ରକର୍ଣ୍ଣା hି Askମାତ୍ରିକ ଚାରି ପରିପ୍ରେକ୍ଷଣ ଏବଂ ପରିଚାଳନା ପ୍ରକର୍ଣ୍ଣା 	
3.5.	<ul style="list-style-type: none"> ମାତ୍ରିକ ଚାରି ପରିପ୍ରେକ୍ଷଣ ଏବଂ ପରିଚାଳନା ପ୍ରକର୍ଣ୍ଣା Askମାତ୍ରିକ ଚାରି ପରିପ୍ରେକ୍ଷଣ ଏବଂ ପରିଚାଳନା ପ୍ରକର୍ଣ୍ଣା Askମାତ୍ରିକ ଚାରି ପରିପ୍ରେକ୍ଷଣ ଏବଂ ପରିଚାଳନା ପ୍ରକର୍ଣ୍ଣା Askମାତ୍ରିକ ଚାରି ପରିପ୍ରେକ୍ଷଣ ଏବଂ ପରିଚାଳନା ପ୍ରକର୍ଣ୍ଣା 	20 ମିନିଟ୍

Aia_Ektbi gj_EvZ_E

- evsj v_E tk c_YZ N_EUq 3 Rb g_EM_ER_Ey xb R_EUj Z_Eq g_Ev h_Eb; G_Ei AiaKvskB M_Etgi |
- GKUzntPZb n_Ej B Avgi v_Eg_Etqi i c_YheKv_Ey xb Ges M_ER_Ey xb g_EZ_EtVKtZ c_Wni |
- M_EeZx I c_Yh_EZ g_Etqi hZ_Et_Ebq_E v_Eg_E, k_Ej i, k_Ej i n_Eomn c_Wi ev_Et i mKtj i v_EqZj |
- M_EeZx g_Etqi 5 n_Eec` w_EP_Ey m_Eu_EtK_Ec_Wni ev_Et i mevBtK f_Ey f_Ete R_Eb_EtZ n_Et_E |
- g_Ev I w_Ek_Ei i m_EY_Ez_E Rb_E M_EeZx g_EtK c_Yo_EKi I w_Ef_EmetKi t_EP_Eq_E te_Ek L_Eevi t_EL_EtZ n_Et_E |
- w_Ek_Ei t_EK 8n_E g_Ev v_EZ_E t_Ev_E Mi n_EUK_E c_Yv_E K_EtZ n_Et_E |

m_EnqK Z_E - 3.1

[thme g_WDj t_EtK Z_E tbq_E n_Etq_EQ-
g_Ev I w_Ek_Ei i w_Er_E Ges c_Yo_En_ElqK d_Erk K_EW_Et_Em_Ešn_E v_E©Kg_EnP_E, t_EKq_Ei evsj v_Et_Ek]

M_EeZx g_Etqi Sy

c_YZ_EK M_EeZx b_Ev_Ex GK_EU w_Eth_E m_Ešib I R_EUj Z_Evg_E M_Eš_Evi Y A_Ekv_E K_Et_Eb | A_EP c_WextZ M_Eto
c_YZ_Eb c_Yq_E t_Eo n_EUv_E b_Ev_Ex I w_EK_Ev_Ex M_Eš_Evi Y Ges c_YheKv_Ey xb R_EUj Z_Eq g_Ev h_Eq | Z_EQov_E GK
t_EK_EU b_Ev_Ex I w_EK_Ev_Ex M_Eš_Evi t_EYi mg_Etq Ggb me R_EUj Z_Ev t_EL_Ev t_Eq h_Ev g_Ev, w_Ek_Ei w_EK_Eev Df_Eq_EtK
রোগাক্ত বা k_Ev_Ei w_EK_Efe A_Eyg K_Et_Ei t_Eq | g_Et_Eb i_Ev_EL_Ev c_Yq_EvR_Eb, GKRb w_Eth_EeZx I m_EY M_EeZx
g_Etqi I th t_EK_Eb mg_Etq th t_EK_Eb n_Eec` t_EL_Ev w_EtZ c_Wi | c_Wi ev_Et i mev_E M_ER_Ey xb 5n_EU n_Eec` w_EP_Ey
m_Eu_EtK_Ec_WtR_Et_Eb i_Ev_EL_E D_EPZ Ges th t_EK_Eb GK_EU t_EL_Ev t_Eq_Ev g_E† Z_EitK c_Yh_EZ t_Emev t_Ej v_EtM_Ev w_EP_EyZ
w_Eth_EtK w_Eev n_EmcvZ_Et_Ej w_Etq th_EtZ n_Et_E |

c_WU n_Eec` w_EP_Ey n_Et_EQ-

- **i³-te:** M_Ee_Elq i³-te, c_Yh_Etei mg_Eq ev c_Yh_Etei ci L_Eg te_Ek i³-te Ges M_Ee_Elq b_Ev cov |
- **gv_Ev_E-v I Svcmv t_EL_Ev:** M_Ee_Elq, c_Yh_EKv_Ej I c_Yh_Etei c_Wi k_Exi c_Wb A_Emv, L_Eg te_Ek
gv_Ev_E-v, t_EP_EtL Svcmv t_EL_Ev |
- **fxl Y Rj:** M_Ee_Elq I c_Yh_Etei ci w_EZb w_Etbi te_Ek Rj ev v_EY_Eh_E -te |
- **rej w_EZ c_Yhe:** c_Yhe e_E-v 12 N_EUv_E te_Ek _v_EK_E, c_Yh_Etei mg_Eq ev" P_Evi gv_Ev Qov_E Ab_E A½ c_Yl_Etg
tei nl qv |
- **w_EP_Eb:** M_Ee_Elq, c_Yh_Etei mg_Eq ev c_Yh_Etei c_Wi w_EP_Eb |

Sy c_YqM_EtF_EP_E Kv_EY

- c_Yg M_Eš_Evi t_EYi mg_Eq b_Ev_Ei eqm 20 e_EQ_Et i Kg ev 35 e_EQ_Et i te_Ek n_Et_E ;
- g_Etqi D_EPZv 4 d_E 10 B_EĀi Kg n_Et_E ;
- M_Ef_Eev" P_E A_E w_Eth_EK_Efe Ae_E-v b_E (ev" P_E M_Ef_EAvovA_Evo_Ef_Efe Ae_E-v b_E Ges ev" P_Evi gv_Ev D_Eci
w_EtK Ae_E-v b_E) K_Et_E ;

iki cñ PhPI cy ñeIqK cñkyY gñWDj

- *icñGKj vñúlmqv Ges GKj vñúlmqv ntj (Mf@Zx gñnj vi Mf@vi tYi 6 gñtmi cñti DñP i 3Pvc, nvZ cv dñj hñl qv Ges cñkñte tcñub tmñj ZvñK icñGKj vgnmqv etj; Avi icñGKj vgnmqv mñt_ hñl Rñb nq ZvñK GKj vgnmqv etj);*
- *i 3ñl Zv (intgvñMñeb 50% Gi wbtP) t`Lv wñtj;*
- *MñfñhgR ev"Pr _vKtj;*
- *Mñfñcñbi cñvgnY teñk _vKtj;*
- *cñegZ ev"Pr cñhñei BñZnvm _vKtj;*
- *cñeñMñfñev"Pr gvi v Mñq _vKtj;*
- *cñeññfñeKfñte dñj tei bv ntj nvZ wñtq tei Kivi BñZnvm _vKtj;*
- *AvñK mñšib Rbñt` lqv eqñgv;*
- *gvñqi ññfñeK l Rb bv _vKtj;*
- *gv AcñptZ fñtj;*
- *gv gibñmKfñte Amñy ntj;*
- *vej vñZ Mñfñ(mñte" cñhñei ZñiñLi 14 wñb cñti l ev"Pr cñhñe bv nI qv)*
- *MñfñP mñt_ Abñb" mñavi Y Amñy thgb- nñtUñP Amñy MñKñbi Amñy, WñqñteñUm, hñzv, RññUm Ges DñP i 3Pvc BZ wñ _vKtj;*
- *cñeññRñi qvñb cñhñe nñtq _vKtj /*

mnñqK Z_ - 3.2

[thme gñWDj t_tK Z_ tbqñ ntqñQ-
gv I ikñi i "tñ" Ges cñpñ ñeIqK dñk KñWñtmñnvññKgnñPñ, tKqñi evsj vñt k;
nvI i Gj vñKvi AñZ "wi "ñRbtMññi Rb" "tñ", cñi "Qbzñ I cñpñ tñevq mnñqKvi, GdGmBDññC-GBP cññi,
tKqñi evsj vñt k]

Mf@Zx gñtqi hZæ

Mf@Zx gñtqi cy I Lñevi

*Mñfñmñšib GñmtQ eññZ cñvñtj cññZñK bvñxi DiñZñ ñeIqñU cññevi I "tñ" KgnññK Rñbñtbvñ gvñ mñyñ
_vKtj MñfñP ikñi i mñyñ _vKtj Mf@Zx gñtqi "tñ" fñj iñLvi Rb" ñetkñ hZñtqvñ LñgRiññxñ wiññ
gñtqi tctñU axñi axñi teñto Dñvi Rb" gñtqi kixi t_tK cñpñ MññY Kñti | G Kvi tñYB Mf@Zx gñtqi
wbtRi I MñfñP ikñi i Rb" AñZñi 3 cñpñ cñqñRb nqñ | GB AñZñi 3 cñpñ Rb" Mf@Zx gñtqi
"ññfñetKñ tPñq AñbñK teñk cñvgnY Lñevi tLñZ nñt, wñt bñ KgnññY cññevi "ññfñetKñ tPñq teñk
Ges cñpñKvi Lñevi tLñZ nñt |*

- *mñyñ I mej ikñi Rbñtñbi Rb" Mf@Zx gñtqi AñZñi 3 Lñevi I cññZ cñvgnY cññb tLñZ
nñt |*
- *Mf@Zx gñtqi mñyñ , "gñyñ I iñtZi Lñevñtñi i gñSLñtñb %ññbñK KgnññY "ññevi AñZñi 3 Lñevi
tLñZ nñt | A_eñv "ññfñeK Lñevi MññYi mgñññKñññKñti AñZñi 3 Lñevi tLñZ nñt |*

iki cñPhP I cý neIqK cñkyY gñWDj

- *cñZw` b mva"gZ kvK I meñR, gvQ, Wj , Wg, ev`vg, gvsñ I `g tLtz nte/*
- *cñW` b wFUmgb ñGñ mgx nj ÿ I Mwp meñR i tñi dj gj, Zñi Zi Kvix I kvK thgb- cñKv
tctc, cñKv Avg, cñKv KñWj , Kgj v, wgnó Kgov, MñRi , cñ, cñjs, cñU, Kj gx kvK tLtz
nte/*
- *Mf@Zx gvtqi kixti AvtqñWtbi Afve ntj MtfP ikii kviñiK I gvbñmK eñx WkgZ nq
bv| ZvB Mf@Zx gvtK AvtqñWbhñ j eY tLtz nte/*
- *Mf@Zx gv chñB cñigvtY cñpki Lveri bv tLtz ikii Kg I Rb wbtq RbwññY KitZ cñti |
Kg I Rb wbtq Rbwñtbi ikii eñx I eñx Kg nq Ges gZñ SñK _ñtK AtbK teñk|*

Mf@Zx gvtqi cñPhP

- *GKRb Mf@Zx gvtK kviñiK cixÿvi Rb" cñi v MfRvñj Kgcñy wZbevi
~ñ"tKñ ñmñtUj vBU wKñbñK/mi Kvix nvmcvZvtj /temi Kvix wKñbñK ev nvmcvZvtj thtz
nte/ kviñiK cixÿvi Kvivbv nte Mf@Zx gv Ges Zvi cñevi MfRvñj xb mñZv I wbiñct
mñlñb Rbñtbi wbtq cñqñRbñq Z_ " WkgZ RbtZ cñi tñb;*
- *Mf@Zx gvtqi wbtqñZ wbtqñLZ kviñiK cixÿvi, tñj v KvivtZ nte-*
 - *gvtqi tctU ikii WkgZ AvtQ wK bv Zv t`Lv;*
 - *gvtqi I Rb WkgZ evotQ wK bv Zv t`Lv;*
 - *i 3Pvc (tckvi) I cñtq cñb Avmv cixÿvi Kviv;*
 - *mñe ntj i 3Pvc I cñtq cixÿvi Kviv|*
- *kviñiK cixÿvi wññtZ Mf@Zx gvtK ~ñ"KgxP KvQ t_tK cñvgkñññY KitZ nte;*
- *Mf@Zx gvtK wññB BbtRKkb wñtZ nte;*
- *Mf@~ñq tKvñ Rññj Zv t`Lv t`qv gvñ ZvñtK wñKU~ ~ñ"tKñ~ wbtq thtz nte A_ev
~ñ"KgxP cñvgkñññZ nte;*
- *cñkyY cñB tmeñvñbKvixñtK (thgb- cñkyY cñB `vB, bñmñev Wññvi) wñtq cñhe Kvivtbi
eñe~ñt wbtZ nte;*
- *Mf@~ñq Ges cñtvi mgq Riañi wññKrmvñi cñqñRb t`Lv wñtZ cñti | GRb" AvtM t_tKB
cñZ _ñKñZ nte/*

Mf@Zx gvtqi i 3ññ Zvi mgmñv I KiYñq

*Mf@~ñq gv i 3~ññ Zvq fññtj ikii i 3~ññ Zv wbtq Rbwñq/ dtj ikii ~ññweK eñx eññZ nq/
gvtqi kixti itñ3i cñigvñY Kg _ñKñj ikii gZñ SñK teño hvq/ i 3~ññ Zv Mf@vñtYi AvtM
_ñKñj Mf@~ñq Zv Avtiv teño hvq/ i 3~ññ Zv _ñKñj cñheKñj ev Mf@~ñq tKvñ KvivtY i 3ññY
NUñj Zv eñÜ Kvñ Kññb nteq cñt, GñZ gvtqi gZñ SñK teño hvq/ i 3~ññ Zv KvivtY gvtqi
cñheKñj xb hññvñ I Rññj Zv mnñ Kviv kviñiK ýgZv Kñg hvñh, hvñ dtj kñm Kó nñZ cñti | thme
gvtqñt i i 3~ññ Zv _ñKñ Zvñt i MtfP ikii I Rb ~ññweK nñti evñto bv| ZvB Mf@~ñq Avqibhñ
Lveri Lvñqv Lg Riañi/*

MfëZx gvtqi i 3ví Zvi mgmñv mgvaqt b Ki Yq

- MfëZx gvtqi tPvtLi cvZv d'vKvtk ntqto Kbv ci xjv Kiv;
- MfëZx gvtqi Rnñv I nvtZi bL mv` vtU ev nj t`tU ntqto Kbv t`Lv;
- i 3-1 Zv tivta MfëZx I `x`vbKvix gvtK lbqwgZ Avqib elo I Avqibmgx Lvevi thgb-KPz džKwci cvZv, cvjs kvK, gUi kvK, Kuj Rv, Wg, gvo-gism, ZigR, Rvg, tLRy cñZ tLtz nte;
- GQvor AvUv, Pov, tQvj v, gwmKj vBtqi Wj, Kvwtj i weP cñZ Avqibmgx Lvevi tLtz nte;
- Avqib AvtQ Ggb Lvevi LvI qvi ci wfUmgb ðmñ AvtQ Ggb dj thgb- tj ey Kgj v, Avgj K, Rvñv, Kvgi vOv, Rj cvB, tcqvi v cñZ tLtz Zv i 3-1 Zv tivta mnvqZv Kti;
- MfëZx gvtK Wv3vhi i ci v gk Ablyqk Avqib elo tLtz nte;

cñe cñ Kí bv

cñe cñ Kí bv 5WU tgšij K wetePbvi weIq nt"Q-

- **mñw Ø cñe tmevi -bt** AvtM t_tKB mñxvsl mbtz nte tKv_vq mšlb cñe Kivtbi nte (nvmcvZv t /emotZ) Ges tmfiteB cñZ mbtz nte;
- **mñw Ø cñe tmev`vbKvixt** emotZ cñtei cñ Kí bv ntj AvtM t_tKB GKRb cñkýY cñZ `y avÍx vbePb KitZ nte th cñe tmev cñvb Kitel mšlb cñtei mgq thme Rvbm j vMte Zv cñZ ivLtz nte/ thgb:
 - weQvbjq cvZv Rb" cñv vi i Kbv cñj v_b thMvo Kti ivLv;
 - er"pri bvox KvUv Rb" bZb teW thMvo I RxevYgy Kti ivLv;
 - er"pri bvox eravi Rb" 3 UKiv RxevYgy myv ivLv;
 - nvZ tavqvi Rb" mvevb ivLv;
 - er"PrtK i Kvtbi I tgrovbtvri Rb" `y UKiv cñv vi i Kbv big Kvco thgb- cñv vi Kmo, j vZ cñZ ivLv/
- **cñientbi ce cñZt Riaix cñqRtb ev mgqgZ hvZvqvtZi Rb" v Kkv/fv b cñZ ivLtz nte;**
- **bM` mñqt MfëZx I cñevitK MfëvitiYi i ixt_tKB bM` A_mñq KitZ nte hvZ th tKv Riaix cñv vZ tgvKvtej v Kiv hvq;**
- **Dchjy i 3-vZt MfëZxi GKB Mñci i 3-vZtK AeñZ Kti ivLtz nte, hvZ wect` i gyvtZ vZ i 3 cvlqv hvq/**

mnwqK Z_ - 3.3

[thme gWIDj t_k Z_ tbqv ntqfQ-
gv I likii r- Ges cij neIqK dIk KIW^tmShv^CgRi, tKqvi evsj v^k]

cili gvtqi hZæ

gvtqi Ges likii r-fmeK r- mdti tq AvbtZ cili gvtqi metkl htZie cijqRb-

- mšib RbVtivi ci gvtK AšZ 6 Nuv nekög ibtZ nte;
- cili tei ci AiaK i^r te ev Ab^r tKib Kó ntj mt½ mt½ iPukrmki cirkgkibtZ nte;
- gvtqi myt^r _vKtj ev Ab^r tKib Kó ntj mt½ mt½ iPukrmki cirkgkibtZ nte;
- 6-8 Nuv neköggi ci ev_iag hvI qv, beRvZKtK eJK tUtb tbqv BZ^r` KvR iia Kiv DIPZ;
- hZ ZiovZmo mae nUlpj v iia Kiv DIPZ/ Zntj ibtRtK my' gtb nte, gv nI qvi my AbfZ nte, cvqLvbv ev cJte KitZ Kg Amjeav nte, RivqfZ i^r I Ab^r te Rgv bv t_k mntr tei ntZ ci|i, dtj Rivqy^r tQvU ntq r-fmeK Ae^r q wdti Avtm, liki vZ i^r RgvU tetra gvi vZK yvZi maebev Ktg hvq;
- tKib Ae^r tZB 6 mBvtni Avtm gvtqt^r i mae^r fmeK KvRKg^r iia Kiv DIPZ bq/ G mgtaq hZUv mae nekög ibtZ nte/ `tbi tej v Lvl qvi ci Aek'B 2 Nuv Ngvtbv ^i Kvi;
- fvi x Rbbm tZyj v ev tVj v A_ev teik cili kogi KvR Kiv DIPZ bq;
- mšib RbVtivi `b nvj Kiv Lveri `tZ nte/ Zte ci `b t_ktB r-fmeK Lveri t`l qv DIPZ;
- gvtqi Lverti teik cili gvtY Avgl, t^r, fUngb, LbR c`v_Ges cPz cili gvtY Zij cibiq _vKtZ nte;
- mšib RbVtivi 6-8 Nuv ci Ges Gici cili 4 Nuv gvtqt^r i ibtRi tPovq cJte Kiv DIPZ/ Ab^r q gFnlalite sহজেই জীবাণুর সংক্রমণ ঘটতে পারে;
- mšib RbVtivi cti tKvKvnb^r GKvU mvavi Y mgm^r/ tcU Ges tKvgti i gvsmtckxi liki j Zv, Rbb0vi I Zvi Pvicvki e^v BZ^r` Kv^r Y cvqLvbv KitZ Amjeav ntZ ci|i / Zte r-fmeK Lveri I cPz cwb tLj Ges ZiovZmo nUlpj v iia Kitj G Amjeav ^i nq;
- mšib RbVnI qvi cici B Rbb0vi/gj0vi Ges Zvi Pvicvki cili^r vi mvavb cwb tWuj cwb `tq aq cili^r vi Kvco ev mmbUvix c^r v eenvi Kiv DIPZ/ cili^r vi cJte/cvqLvbv Kiv ci GKBvte hZetbqv DIPZ/ AtbKtj^r Rbb0vi tmjvB t`l qv _vK, tmjy^r teik mvavbZv Aeji b Kiv DIPZ;
- Rbb0vi tmjvB _vKtj mvavi YZ 5-7 `tbi gta^r Zv iKtq hvq/ hZ^r b bv i^r Kvq ZZ^r b cKtj tMmj Kiv DIPZ bq;
- `tbi metkl hZetbqv DIPZ/ cili^r vi liki tK ^r b t`l qvi Avtm cili^r vi cwb `tq ^r bi tei^r aq cili^r vi Kvco `tq gjtQ ibtZ nq;
- cili^r b AšZ liko^r Dcij ntq tkvqi Afim Kiv DIPZ/ GtZ Rivqy^r fmeK Ae^r tbt mntr wdti Avtm;

- Rbbóri ev Zvi Pri ciłk mšib Rtbli mgq AZ'iaK Prc covq th AvNvZ jvtM, Zvi Rb" কয়েকদিন ব্যথা থাকতে পারে। যদি ব্যথা খুব বেশি হয় বা ক্রমশ বাঢ়তে থাকে, তবে দাই **PKrmłKi ciwgkqbIqv DIPZ!**

y`vbKvixgutqi cý I Lvivi

- ełK chB `y Avmvi Rb" gvtK cíZr`b GKUzevorZ Lvivi tLtz nte;
- Rtbli ci t_łK iki hZr`b chSietKi `y Lvte ZZr`b chSiegvtK %wbK Kgctjy 2 evi AvZwi³ Lvivi tLtz nte Ges "fmeK Lv" MötYi mgqI KQtlv AvZwi³ Lvivi LvI qv cíqvrB;
- cíZr`b mva"gZ gvQ, gvsm, Wij, Wg, ev`vg, mxg, gUi iWU, Miagwñl/QmMj Gi `y tLtz nte;
- cíZr`b meR kvK-meR I thłKvb dj LvI qv AZ"śDcKvix;
- chłtei 42 w`tbi gta"b `y`vbKvix gv GKU D"p ýgZv mubewfUmgb ØGØ Kvcmyj I wfUmgb ØGØ mgx Lvivi, thgb- Mvp meR iłoi kvK-meR, nj y dj gj- MvRi, wgoKgor cvKv tctc, cvKv Avg, Kvij BZ"w` Lvteb;
- er"Pr nl qvi ci 1 gvm cíZr`b 2 Uv Kti Avgib Uvetj U I I Avgibmgx Lvivi thgb- KPz dżKuci cvZi, cvjs kvK, gUi kvK, Kvij Rv, Wg, gvQ-gvsm, ZigR, Rvg, tLRjy cíZr`b Lvteb;
- `y`vbKvix gv cíZr`b Lveti i mvł_ ivbli mgq AvZwi³ ivbli tZj A_ev mre nłj Lveti i mvł_ mvgb" W Lvteb;
- GQrov `y`vbKvix gvtK cPz cwi gvtY cwb I Zij Lvivi tLtz nte |

mngK Z_- - 3.4

[thme gwWDj t_łK Z_- tbqv ntqtlq-
gv I iki i "r" Ges cý weIqK dtk KwCtmšn`CkgñP, tKqvi evsj vt'k]

beRvZK iki i hZæ

Rtbli ci 28 w`b chSikiłK beRvZK etj | chłtei ci ciB beRvZtKi htZi e"vcit i mZK©_vKtZ nte, thgb-

- beRvZKtK 10 wglbtUi gta" gvtq i KvłZ nte I cwi®vi cwi"QbaKtZ nte;
- beRvZKtK i Ktbi Kvco w`tq tgvoitZ nte;
- beRvZKtK Dò iwlZ nte;
- beRvZK ikiłK gvtqi kvj `y LvI qvtbv;
- Rtbli ci ciB ikiłK tMvñj Kvvtbv hvte bv;
- bvfxi hZmbtZ nte;
- tPvtLi I ZtKi hZmbtZ nte;
- mgqgZ wUKv w`tZ nte;
- beRvZtKi Lvivc j ýY ev wec` wPý tLqvj iwlZ nte |

beRvZtKi nñc` ev Lñic j ýYmgñ

- Rtbñ ci ci kñm bv tbqv;
- Rtbñ ci bv Kñv;
- nLðax nñ qv;
- AÁvb nñq hñl qv;
- kñm nbtZ ev QñotZ Kó nñ qv;
- kixi i Zvc teñt hñl qv;
- kixi Wñv nñq hñl qv;
- kixi nj ý i tñt nñq hñl qv;
- bñfñj vj , bñfñtZ `Mñ ev cñm eo `ñbñ-j vj / tñt v _ñKtj ;
- AbeiZ eñg nñ qv;
- tbñZtq coñj ev `ñfñetKi tPñtq Kg boñPor Ki ñj ;
- `gñ, AñbqñgZ Kñv ev KñtZ bv cñi ñj /

Rtbñ ci ci hñ KivDñZ bq

- cñ Dcti ati Dëv Kñi beRvZKñK Sñvñtbr;
- ev"PrñtK _ñvñtñ t`qv;
- ev"Prñ ci xñt i Wñv cñmb nñQñvñtbr;
- Kñtñ A_ ev bñtK evZñm t`qv;
- cñmbtZ Peñtbr;
- eñKi Lñvñq Pvc t`qv;
- বাচ্চাকে পর্যায়ক্রমে গরম ও ঠান্ডা পানিতে চুবানো;
- MñññtK Mig Kiv;
- Mñññtj i Atcñvñq beRvZKñK tñtj iñLv;
- gñL dyñ`qv;
- Kñtñ dyñ`qv/

* * G, ñj v Ki ñj nñkñ i DcKñi ñZv nñtñB bv eis nñkñ i ýñZ nñtñ/

m^wqK Z_ - 3.5

[thme g^wWDj t_wK Z_ tbqv n_wq_wQ-n_wl i Gj vKvi A^wZ `w^wi ^RbtM^wo^wi Rb ^r^-, c^wi "Ob^wZ I c^wj tmevq m^wnm m^wqKv, GdGmBD^wC-GBP c^wK^w, t_wKqv evsj v^wk]

iki t_wK v^wb

iki t_wi A_wbK iKg ti^wM e^wma n_wZ c_wi | Gi gta^w m^wu^wnwi Z v^wKv^wb K^wRP^wZ Av^wU t_wv^wMi c^wZ^wt_waK v^wKv/BbtRKkb Av_w0 | v^wKv w_wt_w q c^wZ^wt_wa^wth^wM GB ti^wM, t_wj v nj - ab^wsKvi, v^wlC_wt_wwi^wqv, v^wlcs K^wk, h^wv, tc^wij I, n^wg, t^wcvUvB^wUm- ve Ges t^wtgvdvBj v^wm Bbd^wA^w-ve | M^wg Gj vKvq A ^r^q v^wlKv^wK^w ^r^cb K_wi Gme v^wKv t^wqv nq | GQrov ^r^q v^wlKv^wb t^wK^w ^rwRj v ^r^- K^wtc^wK^w t^wRj v m^wi n^wmciZyj I tg^wlK^wK^w K_wj R n^wmciZ^wij v^wlKv t^wqv nq |

ti^wM	DcmM^w j^wY	ti^wM c^wZ^wt_waK v^wKv^wb	v^wlKv t^wqv eqm	KZe^w v^wlKv w^wt_wZ n_we
<i>ab^wsKvi</i>	G ti ^w M c ^w tgB v ^w ki i t ^w Pvqij k ^w 3 n _w q hvq Zvi gy L ^w j ^w Z Kó nq d ^w t ^w tm gy ^w qi ^g tL ^w Z c _w i bv v ^w L ^w b ^w t ^w L ^w t ^w q Ges kixi v ^w c ^w Q ^w bi v ^w t ^w K ab ^w sK ^w i gZ t ^w t ^w K hvq	v ^w lC v ^w lJ	v ^w ki i 6 m ^w vn eqm t _w K 1 eQi ch ^w l	1 gym ci ci 3 evi
<i>v^wlC_wt_wwi^wqv</i>	v ^w ki i M ^w v ^w i t ^w fZ ^w t ^w i A ^w t ^w K GK a ^w t ^w Yi c ^w P ^w ct ^w M ^w v ^w dt ^w j hvq, v ^w ki t ^w L ^w Z c _w i bv t ^w mB m ^w t ^w / k ^w m Kó nq Ges Rj I nq	v ^w lC v ^w lJ	v ^w ki i 6 m ^w vn eqm t _w K 1 eQi ch ^w l	1 gym ci ci 3 evi
<i>v^wlcs K^wk</i>	Rj, m ^w ^cA ^w K ^w k Ges t ^w PvL j ^w j y ^w n _w q D ^w V G ti ^w Mi j ^w Y K ^w k ^g m ^w vn ev Zvi te ^w k mgq ^r ^w q n _w Z c _w i GKe ^w i i i ^w a n _w j K ^w k Avi ^vgtZ P ^w q bv A ^w bK ^w y Y K ^w k ^w i ci t ^w k ^w i v ^w t ^w K evg n _w Z c _w i Ges Kd tei n _w Z c _w i v ^w ki i ^g v ^w bZ ^w Kó nq	v ^w lC v ^w lJ	v ^w ki i 6 m ^w vn eqm t _w K 1 eQi ch ^w l	1 gym ci ci 3 evi
<i>h^wv</i>	আক্রান্ত শিশুকে অত্যন্ত পীড়িত দেখা hvq v ^w ki i GKUv ^w b ^w R ^w t ^w i f ^w M ^w Z _v ^w K Ges a ^w t ^w i a ^w t ^w i v ^w Kt ^w q ^w nt ^w c ^w to v ^w Rb Kt ^w t ^w t ^w Z c _w i	v ^w lC v ^w lR	v ^w ki i R ^w b ^w 1 v ^w b t _w K 1 eQi ch ^w l	1 evi
<i>tc^wij I</i>	v ^w ki i c ^w tg Rj Ges t ^w mB m ^w t ^w _gv ^w v, Nvo I gvsmt ^w c ^w x ^w Z e ^w _v nq gvsmt ^w c ^w x ^w Z e ^w _vi Kv ^w t ^w Y nvgv, v ^w o v ^w t ^w Z, `v ^w o ^w Z ev n ^w t ^w Z c _w i bv v ^w ki `v ^w o nt ^w c ^w to v ^w Koy ^w b c ^w i nvZ ev cv ^r ^w qfite Aek nt ^w c ^w to	I iij tc ^w ij f ^w Kumb (I v ^w lC)	v ^w ki i 6 m ^w vn eqm t _w K 1 eQi ch ^w l	1 gym ci ci c ^w g 3 evi v ^w lC v ^w lJ v ^w o G f ^w Kumb t ^w L ^w Z nq 4 ^w t ^w W ^w R nt ^w gi v ^w lKv ^w v ^w lC v ^w lZ nq
<i>n^wg</i>	Rj Avi m ^w ^cK ^w k v ^w t ^w q n ^w g i i ^w a nq t ^w PvL j ^w j y ^w t ^w L ^w q 3/4 v ^w b c ^w i v ^w M ^w t ^w j y ^w t ^w P v ^w b v ^w D ^w V Kt ^w qK v ^w t ^w b ^w i	n ^w g	v ^w ki i 9 gym eqm c ^w Y n ^w l ^w qv ^w ci	1 evi

କି ଚିପ୍ହପୀ ଚି ନେଇକ ଚିକ୍କିଯ୍ୟ ଗନ୍ଧିଜ

<i>tiM</i>	<i>DcmMq j̄Y</i>	<i>tiM c̄z̄laK iJKvi big</i>	<i>iJKv t̄`qui eqm</i>	<i>KZevi iJKvw̄tZ n̄e</i>
	<i>gta” Zv Kyj eY@avi Y Kti </i>		<i>t_‡K 1 eqi chS̄i</i>	
<i>tncUvBvUm- ie</i>	<i>AwaKisk t̄y‡TB ॥kii‡i gta” tncUvBvUm-ରି ଭାଇରାସେ ଆକ୍ରମେଣେ j̄Y c̄Zdij Z nq bv/ ॥KS’ cieZ‡Z Gme ॥kii‡B tncUvBvUm-ରେ fivBiv̄mi `xN‡gqr`x evnK n̄q _‡K/ c̄gevi G tiv̄M ଆକ୍ରମେଣେ ହେତୁର ଲକ୍ଷଣ ହଲ- Pgov I tPvL nj̄ y n̄q hvq, G‡K RvUm etj; c̄‡tei is nj̄ y nq; tctu e_” Ges tmB m‡_ Rj nq; y‡g`v Ges evg evg fiv ev evg n̄q _‡K; gvsmtckx Ges n̄to i ସଂଘୋଗଶ୍ଵଳେ ବ୍ୟଥା ହୟ; ଆକ୍ରମେଣେ ବ୍ୟତି me mgq A -”/Abf̄e Kti </i>	<i>tnc-ie</i>	<i>॥kii 6 mBvn eqm t_‡K 1 eqi chS̄i</i>	
<i>tntgudBj um Bbd‡qAv-ie</i>	<i>ଏ ସଂକ୍ରମଣେର ମଧ୍ୟେ ଅନ୍ୟତମ ହଲ e”‡Uv qvj g”wbbRvBvUm (e”‡K‡Uv qv RvBZ gw-‡‡/l ସଂକ୍ରମଣ) ଏବଂ ମାରାହ୍ଲକ ନିଉମୋନିଆ । GQov G e”‡K‡Uv qv i³, Aw- mU, nvo, Mj v, Kib Ges ün‡‡Uj ଆବରଣେ ସଂକ୍ରମଣ ଘଟାଯ ।</i>	<i>GBPAvBvE</i>	<i>॥kii 6 mBvn eqm t_‡K 1 eqi chS̄i</i>	<i>1 gym ci ci 3 evi</i>

Awatekb 04 : ikii cūKi Luevi

Avtj vP' uelqe -y

- 4.1. gvtqi ejKi `g
- 4.2. ikii evowZ Luevi
- 4.3. cūgib i jv Kti ikii Luevi cūZ Kir
- 4.4. cūkūY cieZPKg°Cm Kí bv
- 4.5. cūkūY gj-vqb

Dtīk' t

GB Awatekb tkil AskMōYKvi xMY- ikii Luevi mmiti gvtqi ejKi `g I Abib' evowZ I cūKi Luevi māutK°Cej tZ I uelq, tj v cij b Ges GKU KvhRi Kg°Cm Kí bv cūqb Ki tZ cviteb/

CxW t

Dbly IPsl, e³Zv Avtj vPbv, gy³ Avtj vPbv, gyW ugUvi /

cūkūY DcKi Y

cōkD, mde ikU, māKUZ ev I fij tkc wfc Kvw°CvgrbU gvkA, gvw-b tuc/WK ikC, Kgēwi Kí bv QK, gyW ugUvi QK/

mgq t 3 NvU/

অধিবেশন পরিচালনা প্রক্রিয়া

ikLY chq	Awatekb পরিচালনা প্রক্রিয়া	mgq
4.1	<ul style="list-style-type: none"> • Awatekibi iiMZ AskMōYKvi x`i -MZ Rvbvb/ Kkj w` uelbgq Kia b Ges ikLY DcthMx cuitek Zwi Kia b/ • cūkūtj AvtMi w'tbi Awatekibi uelq I ikLY māutK°CvrbtZ Pvb/ AskMōYKvi x`i gZigZ Avtj vPbv gva'tg ikLYmgm -úó Kia b/ • beRvZ ikittK gvtqi ejKi `g LvI qvtbv I Qq gwm eqm chsl ikittK iagv̄ gvtqi `g LvI qvtbv uelqK dtkKvW°AskMōYKvi x`i tK cōvb Kti mevB hvZ tLtz cvq Zv mbwDZ Kia b/ • AskMōYKvi xMY QmtZ ikK tLtz tctqtQ Zv RvbZ Pvb/ • AskMōYKvi xMY hvZ mntrB Zvt`i gZigZ RvbZ cvtib tm Rb' cōqvRt b 2/1w uelq awitq w'b/ • Gvtqe Qmtj uetkittYi gva'tg ikittK kij `g LvI qvtbv Ges 6 gwm eqm chsl iagv̄ gvtqi ejKi `g LvI qvtbv māutK°Cvrbv Kia b/ 	30 ugibU

କି ଚିପ୍ରୋଫିଲେକ୍ କିମ୍ବୁ ଗ୍ରହଣ

4.2	<ul style="list-style-type: none"> • <i>Oq t_tK PteYk gvm eqm chSikii i evonZ Lveri welqK dtkKvW AskMhYKvit`i tK cib Kti mevB hftZ t_LtZ cVq Zv ibbDZ Kia b/</i> • <i>AskMhYKvitMY QneZ uK uK t_LtZ tcqtQ Zv RvbZ Pvb/</i> • <i>AskMhYKvitMY hftZ mntRB Zit`i gZigZ RvbZ ctitb tm Rb cBqRtb 2/1u welq awitq w`b/</i> • <i>Gfite Ome,tj v etktiYi gva`tg 6 t_tK 24 gvm chSifitqi ejKi `jai cikvcmk ukiitK evonZ uK uK Lveri t`lq cBqRb Zv PiyZ Kti uBbKuZ (I fij) wfC KvW ijicex Kia b/</i> • <i>Gevi ij uLZ wfCkvW tj v tcrdivti Ggbfite mvRvb hftZ dtj i AvKuZ aviY Kti/</i> • <i>Gici mvRvtbv KvW tjtj v t_LtZ tKgb j Mto RvbZ Pvb/ GtPjti DEi Avmti dtj i gZ/</i> • <i>Gici ejy Avgiv h` ukiit`i GB Lveri ,tj v w`tZ cwi Zntj GiKg dtj i gZB Avgit`i ukiitv my`l my`i nte/</i> 	30 ମିନୁ
4.3	<ul style="list-style-type: none"> • <i>AskMhYKvitMtyi KvQ ukiit`i Rb cypKi Lveri uKfite Zvi I cmitekb KitZ nq cka Kti Zit`i DEi ,tj v udekU ijicex Kia b/ Gici Avtj vPbvi gva`tg Zit`i aviYi ~Q Kia b/</i> • <i>Gici ukiit`i Rb cypKi uPv Zvi i tKSkj maufKZit`i Zit`i mit_ Avtj vPbvi/</i> • <i>Avatektb th me welq ubtq Avtj vPbvi ntqtQ Zvi mvimstPc Ges gj-evZmgm Avtj vPbvi gva`tg my`i @ Kia b/</i> • <i>Avtj IP` welq t_tK ckaKti uKLY hPbK Kia b/</i> 	30 ମିନୁ
4.4	<ul style="list-style-type: none"> • <i>eo `tj Avtj vPbvi gva`tg cikyY ଉତ୍ତର କାର୍ଯ୍ୟମଣ୍ଡଳେ ଠିକ କରନ ଏବଂ ସେଇ ଅନୁଯାୟୀ mKtj i AskMhY GKuK Kg@uKtj (mnvqK Z_ 4.4) cBq Kia b/</i> 	10 ମିନୁ
4.5	<ul style="list-style-type: none"> • <i>mnvqK Z_ 4.5 Ablyqj cikyY gj-vqtbj Rb mKj AskMhYKvit`iK AvgSY Rvbv Ges gj-vqb cxuZ maufKmevBtK fujvgZ AeMZ Kia b/</i> • <i>cikyYi AWRZ uKLY fuleitZ KtRj vMtibri A@Ktj i Avtj vtk AskMhYKvit`i `B ଏକଜନ ପ୍ରତିନିଧିକେ ପ୍ରତିକ୍ରିୟା ଜାନାନୋର ଜନ୍ୟ ଅନୁରୋଧ Kia b/</i> • <i>cmitkti Dwi cbvqj-K e³ବ୍ୟ ପ୍ରଦାନେର ମାଧ୍ୟମେ ସବାଇକେ ଧନ୍ୟବାଦ ଜାନିଯେ ପ୍ରଶିକ୍ଷଣ କାର୍ଯ୍ୟମ mgvB Kia b/</i> 	20 ମିନୁ

Araťektbı gj-evZı

- *Rtbı ci ci ıki İK gitqi ejKi kij `g Lvl qvb/ kij `g myOKZı Amıg `qvi `vb hı
ıki i kivxı K I gvbımk ejxi Rb "LyB DcKix/*
- *Qq güm eqm t_ıK gitqi ejKi `ja ci kivxıK ıki İK ci ieii mKtj hı Lvq tmBme
-ifneK Lvevi LvI qvtbv `i Kvi /*
- *2 eQi chı ıki İK gitqi ejKi `g Lvl qvb/*
- *ıki İK Lvevi LvI qvtbvı mgq Aek'B cıi "ObıZ eRıq i vLtz nte/*

mnıqK Z_ - 4.1

[thme gWWDj t_ıK Z_ tbqı ntqfq-
gı I ıki i -" Ges cý neIqK dık KWWtmıñv`®Kg®Pı, tKqvi evsj vı kı

ıki İK gitqi ejKi kij `g Lvl qvtbv

ıki i Rb " gitqi `g B tmıv Lvevi / ıki i cıqıRbxq cıpı I kıı³ `vqK me_ıtj v Dci `vb gitqi `ja
AvıQ / ıki i kivxı K I gvbımk ejxi Rb " gitqi `g LyB DcKix/ beRıZ ıki İK Rtbı ci ci B
kij `g LvI qvtbv DıPZ/ cıtei cti KtqKı b nvj Kv nj ý i tıoi GKUzNb th `g Avım ZvtKB
kij `g ejj / beRıZ ıki i Rb " GB `g LyB DcKix/

- *Rtbı Avı Nıv A_ 30 mgıbtıUi gta` beRıZK ıki İK kij `g LvI qvtbv i i aKı tZ nte;*
- *kij `g beRıZtKı kixıi cıqıRbxq cıpı thıMıq I tııM cıZtıva ýgZı evıq;*
- *beRıZ ıki İK Pıb evıgQıxi mi eZ, gayer cıb LvI qvtbv DıPZ bq;*
- *i agıñ gitqi `jaB ıki i L`ı I ccıvı tgıtU;*
- *beRıZ ıki hZ teık gitqi `g Unıbte, gitqi ejK ZZ teık `g Avıte/*

Qq güm eqm chı ıki İK i agıñ gitqi `g LvI qvtbv

- *Qq güm eqm (180 vı b) chı ıki İK i agıñ gitqi `g LvI qvtZ nte;*
- *Qq güm eqm chı ıki i Rb " tKej gitqi `g B ht_ó;*
- *Rtbı ci cıg Qq güm Zvi Ab" tKıb Lvevi thgb- _or `g, kieZ, cıb tKıb KQı
cıqıRb bıB;*
- *Qq güm eqm chı gitqi `jaB ıki i L`ı I ccıvı tgıtU/ GB eqımi ıki i cıpı cıqıRb,
Zvi meB gitqi `ja AvıQ;*
- *ıki İK mbqıgZ gitqi `g LvI qvtj Wıqııqı I -" KırıK Kg nq;*
- *gitqi `ja th Awıgl _ıtK Zvi meUnıB ıki i kivxı K I gvbımk ejxi Rb " Ly `i Kvi x;*
- *2 t_ıK 4 Nıv ci ci A_ev ıki i Pıwıv Abımtı Qq güm eqm chı ıki İK i agıñ gitqi
`g LvI qvtZ nte;*
- *GKB mbqıgZ gitqi `g LvI qvtZ nte;*
- *ıki i Qq güm eqm chı gitqi `g t_ıKB cıqıRbxq cıpı cıq ejj GB mgq gitqi I teık
teık cıpıKı Lvevi LvI qv LyB Rıaxı/*

mnvqK Z_” - 4.2

*[thme gWWdj t_#K Z_” tbqv ntq#Q-
gy I ikii i “ Ges ciy neIqK d#k KWWtmsn` KgmR, tKqvi eisj vt`k]*

Qq t_#K PneYk gvm eqm chSikii evonZ Lveri

- *ikii eqm Qq gvm cvi ntj B Zv#K gitqi `ja ciukcuk evonZ Lveri w`#Z nte/ Kvi Y G mgq ikii kvi#K I gvb#K eyx nq, ZvB c#qvRb nq A#Z#i 3 ciy;*
- *Qq gvm eqm cY#ntj B gitqi `ja ciukcuk w`#tb `B t_#K wZb evi evonZ Lveri w`#Z nte;*
- *eqm evovi mvt_ mvt_ ikii “fmeK eyx i Rb” evonZ Lverti i ciigvYi evon#bv c#qvRb/ h#` I Rb wbtq t`Lw hq th, ikii wKgZ evotQ bv ev eqm Ablyqz Zvi I Rb Kg Zvntj Zv#K Nb Nb gitqi `ja ciukcuk teuk teuk evonZ Lveri LvI qv#Z nte;*
- *evonZ Lveri mnvte newfbaciyki Lveri thgb-*
 - *Ayj ym x I Wj PU#Ktq;*
 - *Wj ev `ja tfRv#bv i aU;*
 - *dtj i im I PUKv#bv t`kxq dj, thgb- Kj v, tcic, Kuvj, tcqiv, Avg, Avbim BZ#W`;*
 - *`ja ciutqm ev `g w`#q i vbeKiv m#R;*
 - *big um x w#g;*
 - *fivZ, gW, Pov `g w`#q big Kti tg#L;*
 - *kvK me#R, Pvj, Wj I tZj w`#q big w#Pj i vbeKti;*
 - *Utg#U, gUi i #U, d#Kic, mxg I Abib kvK me#R fuj Kti um x Kti PU#Ktq;*
 - *Gme Lverti gvQ I gism I PU#Ktq t`qv hq;*
 - *Lverti i mvt_ Avtq#Wbhj j eY w`#Z nte;*
- *evonZ Lverti i mvt_ ikii #K ch#B wbivc` cwb I Abib Zij Lveri w`#Z nte;*
- *evonZ Lverti i ciukcuk gitqi `g Aek B evi evi LvI qv#Z nte/*

mnvqK Z_” - 4.3

*[thme gWWdj t_#K Z_” tbqv ntq#Q-
ciy I “ i ari Yv Ges Avqgj-K Kv#Ri c#W, Avi Ggic, tKqvi eisj vt`k;
gy I ikii i “ Ges ciy neIqK d#k KWWtmsn` KgmR, tKqvi eisj vt`k]*

ciy gib i yv Kti ikii Lveri c#Z I ciitekb Kiv

ikii Lveri c#Z Kivi mgq Avgiv AtbK mgq bv etS Lv“ , Y b#o Kti tdwj | ikii Lveri c#Z Kivi mgq Avgit`i #K wbtPi neIq, tjv j y“ ivL#Z nte-

- *Ayj yfuj Kti atq tLmmmn tKtU i vbeKti tj teuk wfUngb cvl qv hq;*

- *Ab”ib” kūK-meūR KūUri AvūMB aſq ubtZ nte Ges hZUv māe eo eo Uktiv Kti KūUtZ nte, ZtZ Lvt”i , Yv, Y eRvq _v̄K;*
- *meūR tKtU cūb̄tZ teukyY w̄fūRtq iLv hvte bv, Kvi Y GtZ w̄fūngb bō n̄q hvq;*
- *imx Kivi mgq meūR/Zi Kvi tZ Aí cūb̄ v̄tq v̄tZ nte;*
- *imx Kivi ci h̄` w̄K0zcūb Aekó _v̄K Zv tdtj bv v̄tq Wj ev Ab” Zi Kvi x ivb̄i mgq t̄qv thtZ cūt̄i | Kvi Y GtZ c̄p̄z w̄fūngb _v̄K;*
- *n̄mo-cūZtj i ḡv fij Kti tXtK ivb̄e Kiti tZ nte, GtZ meūR kūK-meūR I Zm̄ Zi Kvi xi Lv` ḡv b̄ eRvq _v̄K;*
- *teuk Zt̄c AtbKyY aſi kūK-meūR I Zm̄ Zi Kvi x ivb̄e Kiti tZ w̄fūngb eūj v̄t̄k bō n̄q hvq;*
- *cūḡvY gZ tZj v̄tq kūK-meūR ivb̄e Kiti tZ Lv` ḡv b̄ evto I Zv mn̄tRB w̄kii kixi MāY Kiti tZ cūt̄i;*
- *w̄g Aí Zt̄c imx Kiv DūPZ, Zntj big I mn̄tR nRg nq;*
- *Wj teukyY dūt̄j Gi Lv” , Y teo hvq I w̄kii mn̄tR nRg nq;*
- *f̄Z ivb̄e Kivi mgq gro tdtj v DūPZ bv| Kvi Y f̄itZi gro Lv cūKi;*
- *w̄kii Lvevi Mig _v̄K Ae”tZB cūt̄ekb Kiti tZ nte;*
- *Lvevi Aek”B fij f̄ite tXtK iVLtZ nte, hv̄tZ gkv-gw̄Q, ajvewij I w̄f̄bæti w̄MRxeiYy lgk̄tZ bv cūt̄i;*
- *w̄kii tK Lvevi LvI qv̄t̄bvi Av̄tM ḡt̄qi `B n̄Z K̄ā ch̄l̄m̄v̄b v̄tq fij f̄ite aſq ubtZ nte;*
- *Lvevi memgq cūt̄i _v̄j v ewutZ cūt̄ekb Kiti tZ nte;*
- *w̄kii tK Aek”B w̄b̄ic` cūb̄ cūb Kiti tZ nte;*
- *w̄kii Lvevi c̄t̄Z Kivi mgq Av̄tq w̄bh̄j jeY e”envi Kiti tZ nte|*

w̄kii Rb” cūKi w̄P̄D c̄t̄Z cūv̄j x

DcKiYt

- *Pv̄j - 180 M̄g (3 QUvK);*
- *Wj - 60 M̄g (1 QUvK);*
- *tḡsm̄ḡx meūR - 60 M̄g (1 QUvK);*
- *tZj - 1 tUmej Pv̄gP;*
- *Av̄tq w̄bh̄j jeY- cūḡvY gZ|*

c̄t̄Z c̄v̄j xt

c̄t̄g Pv̄j I Wj GKt̄l̄ uḡk̄t̄q aſq ubtZ nte Pjvq v̄tZ nte| Pv̄j I Wj imx n̄q Gtj aſq tKtU iVLv meūR, t̄j v Wj I Pt̄j i ḡta” v̄tq big Kti imx Kiti tZ nte| bvḡt̄bvi Av̄tM GK tUmej Pv̄gP tZj I cūḡvY gZ Av̄tq w̄bh̄j jeY v̄tq Nȳb v̄tq Nȳb big Kiti tZ nte| GB meūRi mv̄t_ gr̄Q ev gr̄sm̄l t̄qv hvq| GB w̄P̄D w̄kii eqm Abgv̄tZ Zij ev Avav Zij Kti %Zm̄ Kiti tZ nte| w̄kii tK c̄t̄g c̄t̄g GB Lvevi Aí cūḡt̄Y LvI qv̄tZ nte, Av̄t”Av̄t”cūḡvY evov̄tZ nte|

mnuqK Z_ 4.4

Kgେcିi Kି bvi OK

ଶବ୍ଦିକ	କାର୍ଯ୍ୟକ୍ରମ	<i>tgqv` Kyj</i>	<i>`mZi</i>	<i>cିକ୍ୟ୍ୟRbxq mnuqZv</i>

mnuqK Z_ 4.5

ବିପି ଓକି ଥିକିବ ଗିନ୍ୟିତିରେ ପିଲାଇ କିମ୍ବା ମାତ୍ରକ ଅବଳିମ୍ବନ କିମ୍ବା

<i>fିତ୍ଜି ରି</i>	<i>tଗିଲିଗିଲି ଫିତ୍ଜି ରି</i>	<i>fିତ୍ଜି ରି ବି</i>

mnuqtKi Rb ସବୁରି

- eo GKିU tcv-ri tccvi ev eiDb tccit i OKିUtk cିକ୍ୟ୍ୟ Kିବ୍ରି /
- OKିU cିଯ୍ୟ ମାତ୍ରକ AskMିYKvi xିତ୍ତି ଫିତ୍ଜି ରି Z eMZ Kିବ୍ରି /
- OKିUtk cିକ୍ୟ୍ୟ Kିବ୍ରି Ggb GKିU ରିବ୍ରି j ରିମ୍ବିତ୍ତି ରିବ୍ରି b thLିବ୍ରି mିର୍ବ୍ରି Qିତ୍ତି AskMିYKvi xିମ୍ବି Y OKିU cିହ୍ୟ ମିର୍ବ୍ରି nିତ୍ତି /
- cିଲି କିବ୍ରି ej ରି GKRb AskMିYKvi xିଗ୍ରି ରି GKevi ଓକି ଗିନ୍ୟି ନିତ୍ତି ପିଲାଇ କିମ୍ବା Z ରି gZିଗି Z cିକ୍ୟ୍ୟ Kିବ୍ରି cିଲିତ୍ତି /
- QK cିହ୍ୟ ରିତ୍ତି Aିବ୍ରି gZିଗି Z tbqv tିକ ରେଇ Z ରି Kିବ୍ରି ej ରି /
- cିକ୍ୟ୍ୟRିବ୍ରି QKିU cିହ୍ୟ AskMିYKvi xିତ୍ତି Kିବ୍ରି mnuqZv Kିବ୍ରି /

iki cñPhP I cñj neIqK cñkýY gñDj

Z_-mF

Rxebz_-, BDñbtmd, 2010

Rxeb `jyZvgj-K cñkýY gñDj - 3, wi K

beRvZtKi AZrek^Kaq cñi PhP, nPñguy v, tmf `v nPj tWb

*cñj I -t- i avi Yv Ges Avqgj-K KtRi cñZ, iaij tgBbtUb`vY tcñMg (Avi Gmc), tKqvi
eisj vt`k*

dñkKvWg v I ikii -r- Ges cñj, tmšn` "KgnP, tKqvi eisj vt`k

gv I ikii -r- i jyv, gVKgxmnqKv, cñi evi cñi Kíbv Aia`Bi

-r- I cñj nPñguy v, eñvK cñewj tKkY, 2005